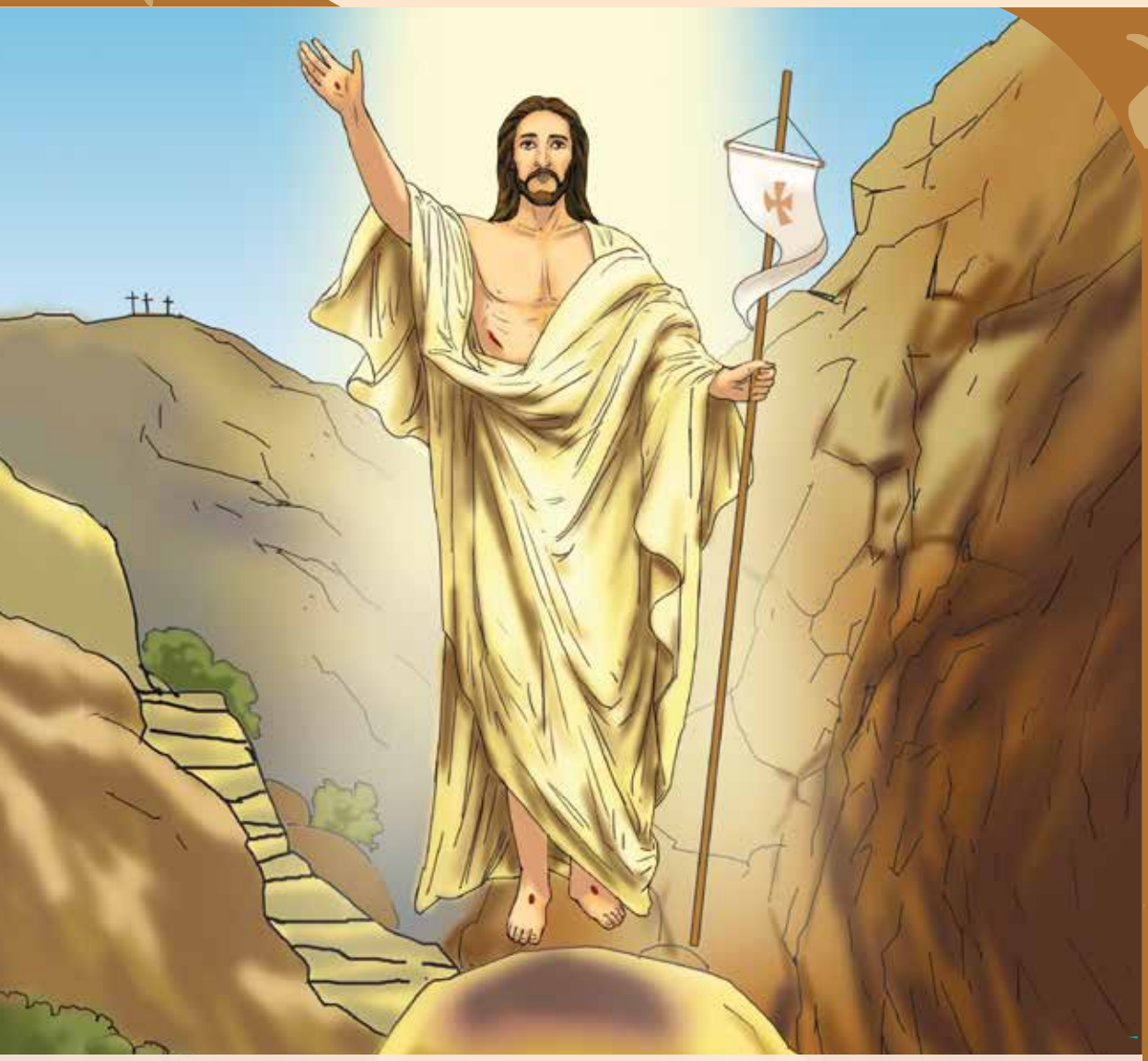
Christian Religion Studies

Class Five



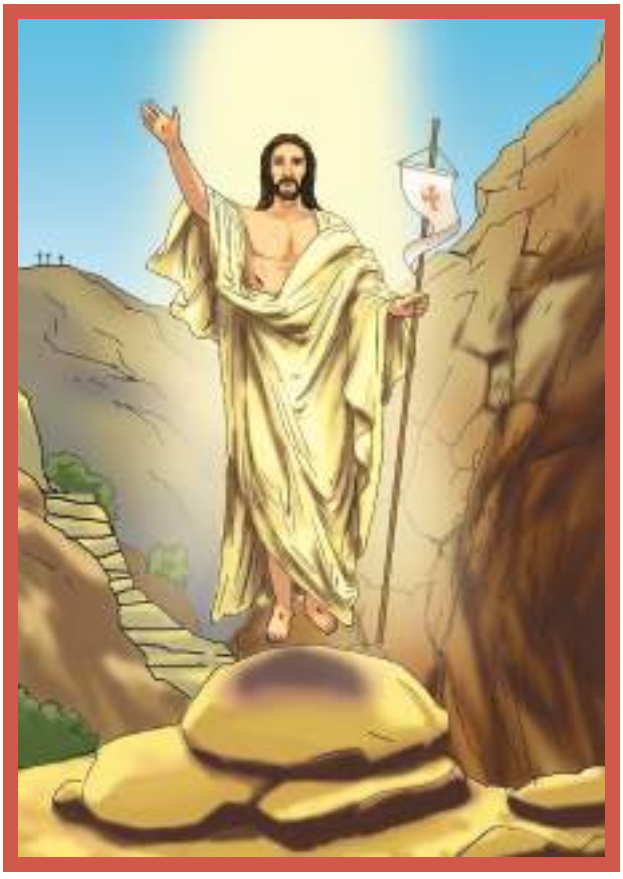
National Curriculum and Textbook Board, Bangladesh

Prescribed by the National Curriculum and Textbook Board, Bangladesh
as a textbook for Class Five from the academic year 2026

CHRISTIAN RELIGION STUDIES

Class Five

(Experimental Edition)



National Curriculum and Textbook Board, Bangladesh

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Preface

Primary education bears paramount importance in national life. Equal opportunities have been created for all children in the country to receive quality primary education irrespective of ethnicity, socio-economic status, physical and mental limitations, or geographical location. A key objective of primary education is to foster humanitarian values, follow a curriculum and textbooks tailored to the local environment and resources, and create a joyous and congenial school environment to facilitate the physical and mental development of children.

In light of the National Education Policy 2010, the National Curriculum and Textbook Board (NCTB) has adopted an integrated curriculum to make primary education more contemporary. Curricula of different countries have been reviewed and teaching learning values have been incorporated in the context of Bangladesh. This has provided a practical foundation for making education more life-oriented and effective. In the context of globalisation, the psychological state of children has been given special consideration. Considering the needs and opinions of stakeholders in the changed context, necessary revisions were made in 2025 to the National Curriculum 2021 (Primary Level). In this light, textbooks for Class One to Three have already been revised, and the textbook for Class Five has been developed.

The textbook is the most important component of curriculum implementation. Prioritizing this, the NCTB is always diligent in developing textbooks for every level and grade. In the writing and editing of each textbook, the curriculum's goals and objectives have been focused. Careful attention has been paid to the diverse curiosities and cognitive capabilities of children. Special importance has been given to textbook development to ensure that teaching-learning activities become a joyful experience. It is hoped that each textbook will contribute to the balanced psycho-physical development of children. At the same time, it will facilitate their acquisition of desired skills, adaptability, patriotism, and moral values.

The textbook of Christian Religion Studies for Class Five has been prepared, maintaining the sequences of previous classes. Generally, children above the age of ten study in Class Five. Taking the age into consideration, both vertical and horizontal progressions of learning content have been arranged according to the curriculum. In developing textbooks from Class One to Class Five, special emphasis has been placed on fulfilling basic learning needs through the acquisition of core knowledge, subject-based competencies, practical skills, appropriate attitudes, and values. We have also ensured continuity by including informational and descriptive content in the textbooks of all five classes.

This textbook has been developed and revised under the direct supervision of the Primary Curriculum Wing of the National Curriculum and Textbook Board. Sincere thanks and gratitude are extended to all the class teachers, teacher trainers, pedagogues, curriculum specialists, subject experts, artists, and graphic designers who contributed their intellect and labor at various stages of the textbook's development, rational evaluation, finalization, and coordination. Thoughtful opinions and suggestions from all concerned for improving the textbook will be considered with importance.

September 2025

Professor Robiul Kabir Chowdhury
Chairman (Additional Charge)
National Curriculum and Textbook Board, Bangladesh

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CHAPTER 1

Academic Year 2026

Chapter One

The Creed and the Life of a Faithful

'The Creator of heaven and earth' is the One who exists in everything, and is the Maker of all creations. This statement signifies a deep bonding within creation, which connects heaven and earth. The Creed expresses the entire life of Christian believers. In other words, we can say that this Creed portrays the real picture of the life of a Christian believer on earth and the life hereafter. By following this path, all believers will attain salvation.



Heaven



Earth

Lesson: 1

The Apostles' Creed and the Church

The Apostles' Creed is the basic teaching of Christianity. It contains the essence of faith. It means establishing faith in three persons, the Father, the Son, and the Holy Spirit. As Christians, we warmly accept and follow the Creed. At the same time, we grow stronger as members of the Christian Church. So, as Christian believers, let us try to understand the Creed as our own from now onward.

The Apostles' Creed

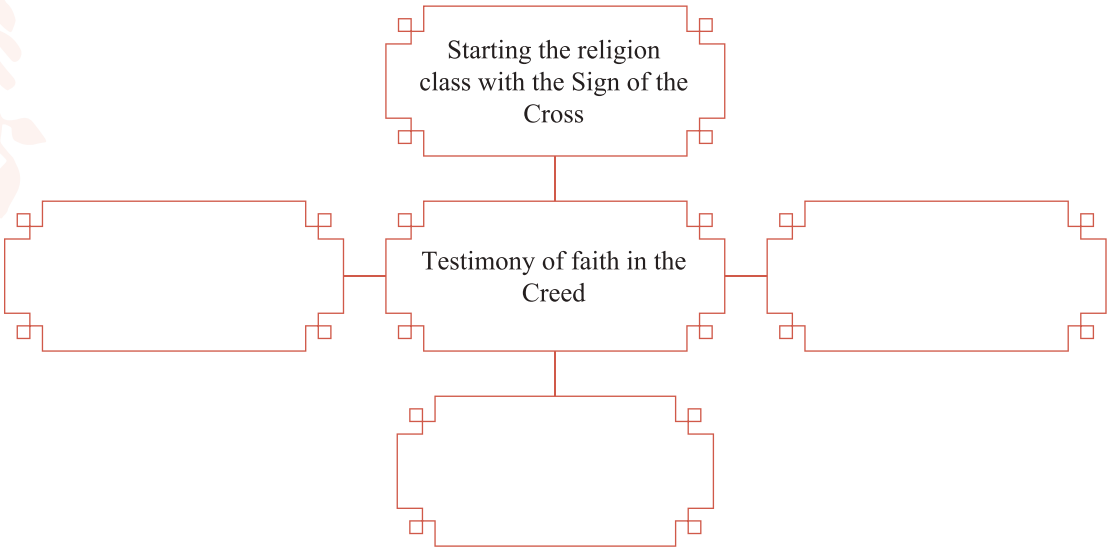
I believe in God, the Father Almighty, the Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day, He rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father Almighty. From there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic/Universal Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

This prayer is the Creed for Christian believers.

A. Make a list of the events in the life of Jesus mentioned in the Creed.

1. Birth of Jesus
2.
3.
4.

B. Mention in the blank boxes below the areas in which you can apply your testimony of faith inspired by the Creed.



C. Let us recite the Creed together.

What we have learnt in this lesson-

- knowing the Creed
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Which prayer talks about the world and life after death?
   a. The Lord's Prayer b. The Creed
   c. act of contrition d. angel's praise
2. For the Church, the Creed is a -
   a. basic teaching b. additional teaching
   c. complementary teaching d. exemplary teaching
3. Jesus was resurrected on the -
   a. first day b. second day c. third day d. fourth day

B. Match the right column with the left.

Left column	Right column
1. In God, the Father Almighty	1. the living and the dead.
2. I believe in Jesus Christ	2. I believe.
3. Jesus will come to judge	3. His only Son, our Lord.
4. I believe in forgiveness of sins, resurrection of the body	4. seated on the throne.
	5. and the life everlasting.

C. Fill in the blanks.

1. Jesus suffered under Pontius --------.
2. I believe in ----------persons the Father, the Son, and the Holy Spirit.
3. The Apostles Creed is the basic ------ of Christianity.

D. Answer the following questions in brief.

1. What does the Apostles' Creed mean to the Christians?
2. Why is the prayer mentioned in the text called the Creed?

E. Answer the following questions in detail.

1. Describe the content of the Creed.
2. "God is Almighty" - Explain.

Lesson: 2

The Creed in Personal Life

(Psalm 24:1, Luke 1:37)

"I believe in God, the Father Almighty, Maker of heaven and earth." In the first part of the Creed, we see 'God the Father Almighty'. He has introduced Himself as Powerful, Mighty and 'Nothing is impossible for Him.' God has created everything to reveal His glory, goodness, truth, and beauty. The Creator of everything, Lord God the Father, says that everyone shows Him respect and devotion. He has created human beings so that they could know God, love Him and enter into the divine fellowship to be happy forever. God is Almighty and Powerful. Nothing is impossible for Him. There is no comparison to Him. We need His help in everything. We can do nothing without His power. Without His command, everything is motionless and lifeless. Only He can solve everything. That is why we rely on Him for all our needs.

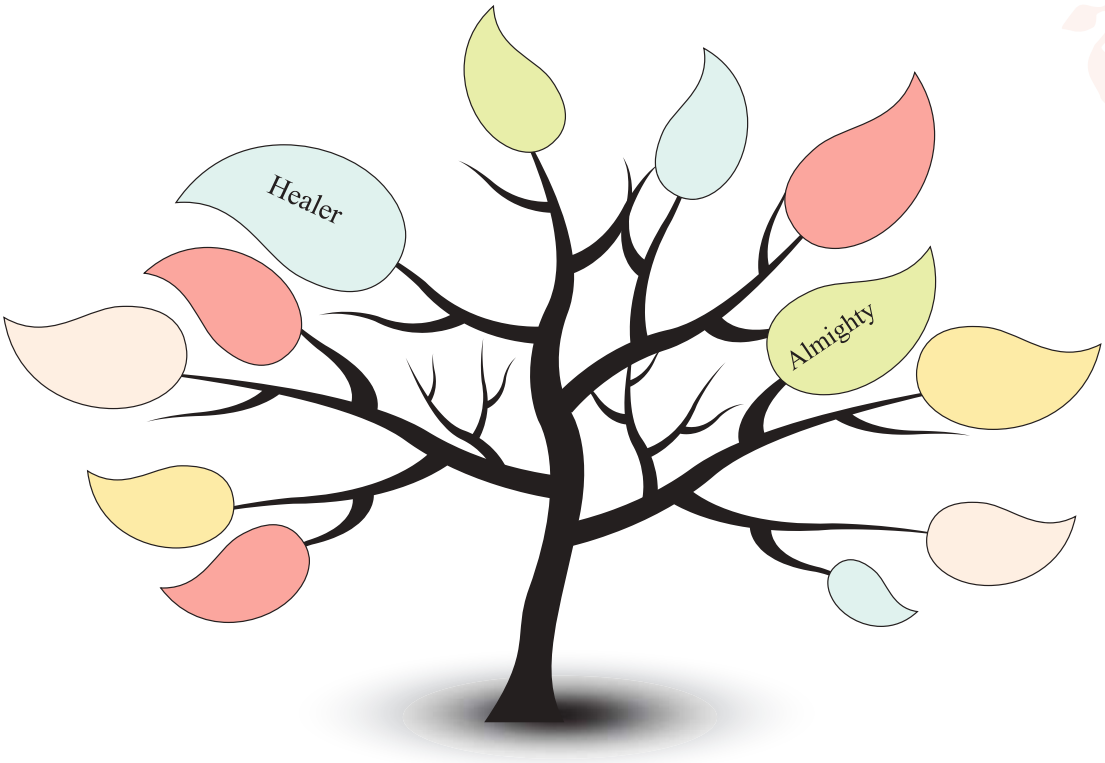


The Almighty God is the Creator of everything

As intelligent and free beings, the angels and humans should go on to the goal of life with their free will and love. God respects the freedom of His creatures. He never interferes with the freedom of human beings, but his good will is implicit in all good and bad events.

A. Write down in your notebook and present the purpose for which God created everything.

B. Write in the blank leaves of the tree below the different names by which we call God.



Tree of different names of God

What we have learnt in this lesson-

- God is Almighty and Powerful.

Exercise

A. Put a tick mark (✓) on the correct answer.

1. In which part of the Creed do we find "God Almighty"?

a. first part b. second part c. third part d. fourth part

2. Who do we rely on in any need?

a. Peter b. God c. Mother Mary d. Joseph

3. Everyone will see the Father God, the Creator through-

a. obedience b. respect c. reverence d. worship

B. Write 'T' for true and 'F' for False for the following statements.

1. There is nothing impossible for God.
2. Without God's power we can do everything.
3. God has introduced Himself.

C. Fill in the blanks.

1. I believe in God the Father_____ Creator of heaven and earth.
2. God _____ human beings.
3. Only _____ can solve all problems.

D. Answer the following questions in brief.

1. By what names can we call God?
2. Why is God called the Creator?

E. Answer the following questions in detail.

1. 'God respects the freedom of human beings' -Explain.
2. Describe the purpose of God's creation.

Lesson: 3

Fundamental Teachings of the Creed

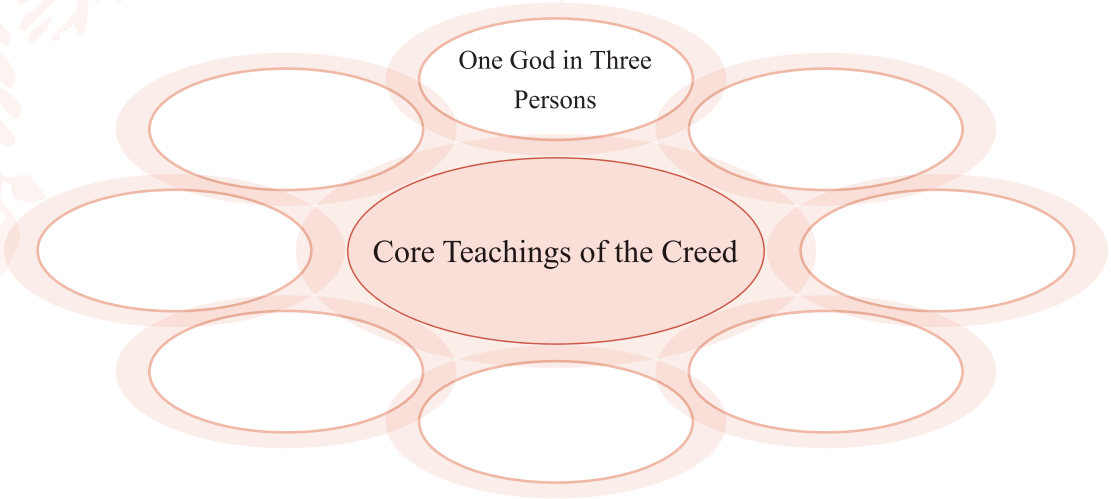
For human beings, 'Believing in God' means having a relationship with God, surrendering to Him, and to accept the One God. For Christians, 'Believing in God' signifies believing in three persons: the Father, the Son, and the Holy Spirit.

God the Father created the world, God the Son redeemed humanity, and God the Holy Spirit guides us on the right path. God the Father planned and sent the Son, and God the Son fulfilled the plan, God the Holy Spirit sanctified everything in the world. Really the birth, death, resurrection, and ascension to heaven of God's Son are the core teachings of the Creed. He wants to be with people so that they may not go away from Him. Especially, He has sent the Holy Spirit so that they are not led away into the path of sin and they may overcome all kinds of evil and walk in the way God directed. For that reason, Jesus said, "I am the way, the truth, and the life" (John 14:6). Whoever follows His path will not perish but have salvation (John 3:16).

Let us read a story

Sonali goes for a walk in the neighbourhood with her younger brother. Her brother is a bit naughty. Whenever he gets a chance, he fights with his playmates. Sonali is very worried about this matter, because her brother might harm someone at any time. One day, it really happened. Her brother breaks a boy's finger. Sonali is shocked to see this incident. She does not know what to do. She takes her brother's playmate to the doctor and prays for prompt healing. By God's grace, she gets a doctor within a short time and arranges for proper treatment. The boy gets well within a few days. This shows that praying to Jesus quickly solves the problem and He can heal the sick person.

A. Write the core teachings of the Creed in the blank boxes below.



B. After discussing with classmates, make a list in the table below how you can live a life that will lead you to God-

1.
2.
3.
4.

What we have learnt in this lesson-

- Turning away from the path of sin
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Who guides people to the right path?

a. God the Holy Spirit
b. God the Son
c. God the Father
d. God the Father and God the Son

2. Jesus' birth, death, and resurrection are described in -

a. Lord's Prayer
b. the Creed
c. the Praise of Trinity
d. the message of angel

3. Who can heal-

a. Peter
b. John
c. Jesus
d. James

B. Match the right column with the left.

Left column	Right column
1. 'Believing in God' means	1. redeemed humanity.
2. God the Son	2. and overcome all kinds of evil.
3. Human may walk in the way God directed	3. they may not go away from Him.
	4. having a relationship with God.

C. Fill in the blanks.

1. 'Believing in God' means believing in -------- persons.
2. --------created the world.
3. People should not be led away into the path of ---------.

D. Answer the following questions in brief.

1. Write briefly about the work of the Holy Triune God.
2. How can you become a believer in God like Sonali?

E. Answer the following questions in detail.

1. Write the core teachings of the Creed.
2. "I am the way, the truth, and the life." Who said this statement and why?

Lesson: 4

The Creed in Daily Life

Without God, man has no existence. In every act of daily life, we feel the presence of God. Not a single leaf of a tree moves without God's command. He has an account of everything in creation. How is it possible that I am alive and taking breath! We can realise it more deeply in our daily lives. "The Holy Spirit will come upon you, and the power of the Most High will overshadow you" (Luke 1:35). This is how God sent His Son into the world through the Virgin Mary.

He became human and lived like a man. He lived in the human society and showed an example of social life. He gave us a clear understanding of God's love and human love. He also inspired us to realise deeply of the Apostles' Creed in our daily lives.

Let us read a story

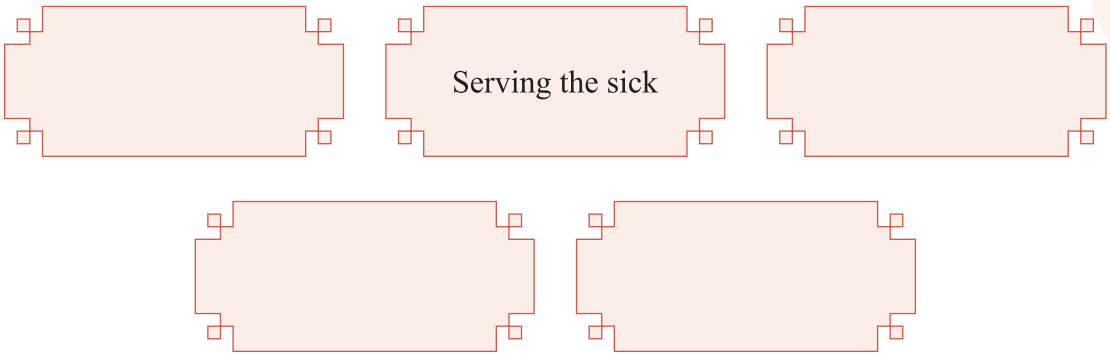


The neglected old mother

Runa is a student of class five. An old mother lived in her village. The old mother's family background was stable. Her children were educated and financially solvent. They hired a maid servant to look after the mother, but she did not take proper care of the old woman. Gradually, the old mother became physically and mentally weak. Runa felt bad seeing her

situation. Runa heard about the love of Jesus for the sick at her school. Being inspired by Jesus' teachings, she herself started serving the old woman. Seeing this, some of her classmates also came forward to serve the old woman. The old mother became healthy and happy after receiving their service and blessed them.

A. Write in the blank boxes below some of the aspects of how you realised the Apostles' Creed in your daily life.



B. Make a list of some ideals of Jesus that will help you to live a happy and peaceful life.

1. To stand by the helpless
2.
3.
4.

What we have learnt in this lesson-

- Loving the neighbours
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Without whose command does not even a leaf of a tree move?

a. God's b. Mother Mary's c. Joseph's d. John's

2. Jesus was born through-

a. an angel b. the Holy Spirit c. Mary d. God

3. Runa and her friends served an old -

a. father b. neighbour c. mother d. maid servant

B. Match the right column with the left.

Left column	Right column
1. God has an account of	1. God's love and human love.
2. We can realise God more deeply	2. to the Holy Spirit.
3. Jesus gave us a clear understanding of	3. in our daily lives.
	4. every creation.

C. Write 'T' for true and 'F' for False for the following statements.

1. Serving the sick and elderly persons is a good deed.
2. Jesus did not live a life like a human.
3. We always realise the presence of God.

D. Answer the following questions in brief.

1. Why do Christians need to stay in the presence of God?
2. Mention two aspects of practice of Creed in daily life.

E. Answer the following questions in detail.

1. "Jesus became human"- Explain
2. Describe how you will live a happy life by following the example of Jesus.

Lesson: 5

Fundamental Teachings of Christianity

(Matthew 5:3-10)

Jesus Christ, the beloved Son of God the Father is at the centre of Christianity. He is known as Jesus of Nazareth.



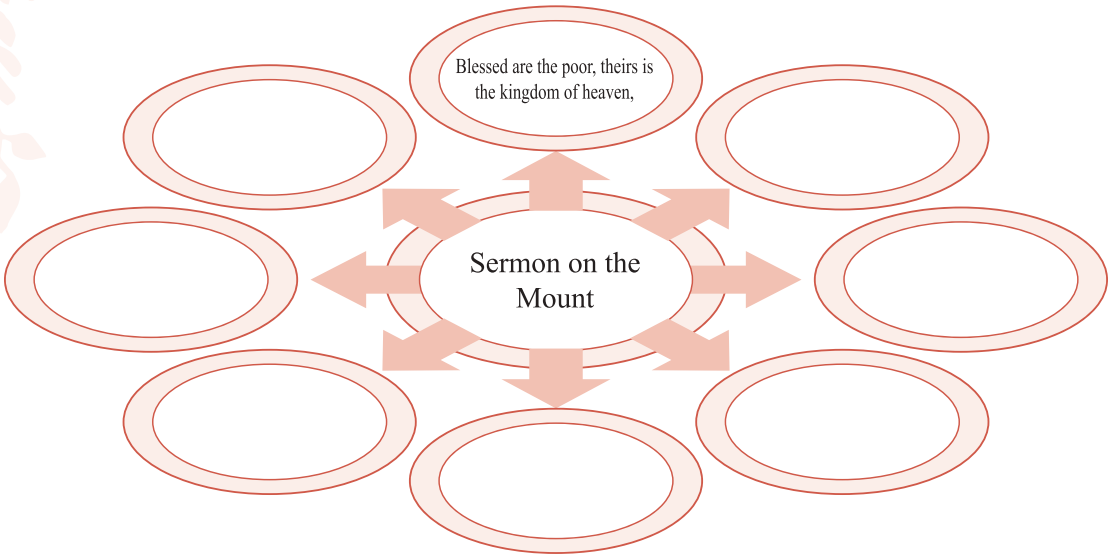
Sermon on the mount

He suffered and died for us and after His resurrection, He will be with us until the end of the day. God's divine plan for humanity was fulfilled in Christ. Through the Sermon of Jesus on the Mount, we understand the fundamental teachings of Christianity more clearly.

"Blessed are the poor in spirit,-for theirs is the kingdom of heaven.
Blessed are those who mourn,-for they will be comforted.
Blessed are the meek,-for they will inherit the earth.
Blessed are those who hunger and thirst for righteousness,-for they will be filled.
Blessed are the merciful,-for they will be shown mercy.
Blessed are the pure in heart,-for they will see God.
Blessed are the peacemakers,-for they will be called children of God.
Blessed are those who are persecuted because of righteousness,-for theirs is the kingdom of heaven."

These Beatitudes (Sermon on the Mount) are called the keys to enter into heaven. If people live according to the teachings of Jesus, they will be able to live a happy and peaceful life on earth with God's blessings. The goal of Christian teaching is to build a relationship between Christ and human beings. Only He can guide us to the love of Father through the Holy Spirit and leads us to be part of the Trinity.

A. Write in the blank boxes below with the Beatitudes from the Sermon on the Mount-



B. Explain in the table below how you will practise the fundamental teachings of Christianity in your own life.

Fundamental Teachings of Christianity	Practising in your Own Life
Forgiveness	Forgiving the mistakes of friends

What we have learnt in this lesson-

- Blessed are the merciful, for they will be shown mercy.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Who will be with us until the end of the day?

   a. Jesus b. Moses c. Peter d. John

2. What will they get who are poor in spirit?

   a. David's kingdom b. God's kingdom

   c. Moses' Kingdom d. Solomon's kingdom

3. The Son of God was known as-

   a. Jesus of Jerusalem b. Jesus of Israel

   c. Jesus of Nazareth d. Jesus of Egypt

B. Match the right column with the left.

Left column	Right column
1. Blessed are those who mourn-	1. for theirs is the kingdom of heaven.
2. Blessed are the pure in heart-	2. for they will be called children of God.
3. Blessed are the peacemakers,	3. for they will see God.
	4. for they will be comforted.

C. Write 'T' for true and 'F' for False for the following statements.

1. The Son of God is at the centre of Christianity.
2. John suffered and died.
3. People can live a happy life with God's blessings.

D. Answer the following questions in brief.

1. What do you understand by God's divine plan?
2. Why are the Beatitudes called the fundamental teachings of Christianity?

E. Answer the following questions in detail.

1. "The Beatitudes are the keys to heaven"-Explain.
2. Describe the statement - "Blessed are the merciful, for they shall receive mercy".

Lesson: 6

Teachings of Christianity in Practical Life

(Matthew 25:31–40)

At the time of creation, God completed His great plan of creation with His own wisdom, intellect and creativity. He has given man the responsibility to rule over of all living beings and things. But the weak mankind fell into various temptations and committed sin and were deprived of heavenly happiness. By sending Jesus as human to earth, God the Father showed the mankind the way by which they could reach heaven.

On the final judgement day, Lord Jesus will judge the world according to the standard of brotherly love. In the light of the Bible, we will understand more clearly the way to enter heaven.



Giving water to the thirsty

"When the Son of Man comes in His glory, and all the angels with Him, He will sit on His glorious throne and all the nations will be gathered before Him. And He will separate the people one from another as a shepherd separates the sheep from the goats. He will put the sheep on His right and the goats on His left. Then the King will say to those on His right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' Then the righteous will answer Him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

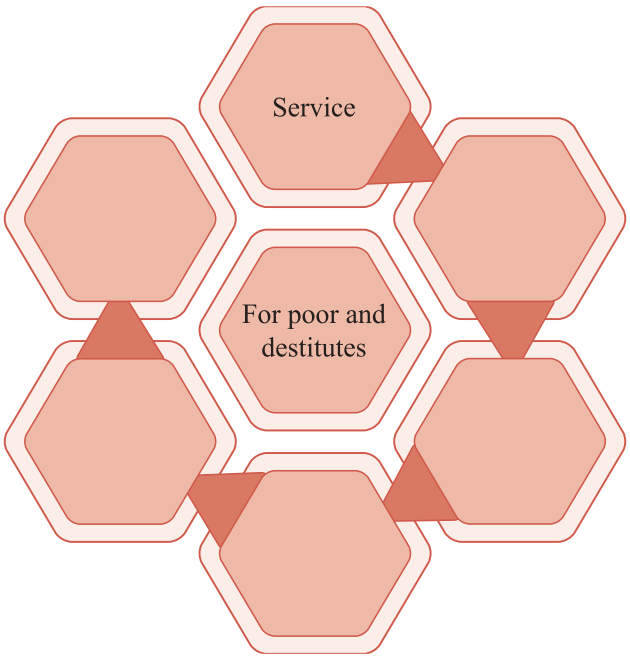
The more a person become irresponsible to his duties and lazy toward his work, the more he proves himself unworthy and unsuccessful in life. As a result, he loses more the blessings of God. Therefore, God has sent His only Son to the world so that the human being can live a Christian life inspired by the teaching of His Son. At the same time, they would be worthy of entering into the kingdom of God.



Giving food to the hungry

As per our Apostle's Creed, we consider the Church of Christ as One, Holy, Catholic/Universal and Apostolic. The Church of Christ did not acquire these attributes by her merits, rather Christ Himself makes His Church One and Holy through the Holy Spirit.

A. Write in the blank boxes what you can do for the poor and destitutes around you.



B. Demonstrate a role-play how you can apply Jesus' teaching of mercy and forgiveness in your own life.

What we have learnt in this lesson-

- By following the teachings of Christ, we can become worthy to enter into the Kingdom of God.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. To whom God has given authority over all creatures-
   a. humans b. animals c. angels d. saints
2. By which standard the Lord Jesus will judge-
   a. love b. brotherly love c. charity d. justice
3. Because of sin, man was deprived from-
   a. worldly happiness b. eternal happiness
   c. heavenly happiness d. happiness forever

B. Write 'T' for true and 'F' for False for the following statements.

1. At the final judgment day, angels will come along with Jesus.
2. Goats were placed on the right side.
3. Whatever is done for the least is done for Jesus Himself.

C. Fill in the blanks.

1. God created with His own wisdom, intellect, and -------.
2. By committing --------, man was deprived of eternal happiness.
3. Come, you who are -------- by my Father.

D. Answer the following questions in brief.

1. What do you understand by "brotherly love"?
2. Why did God give man authority to rule over all creatures?

E. Answer the following questions in detail.

1. Write down what the King will say to the people on His right side on the final judgment.
2. Describe how you can apply the teachings of Jesus on mercy and forgiveness in your life.

Lesson: 7

Reflection of Apostles' Creed in Practical Life

(James 2:17–23)

Faith is fully revealed through works. In the Holy Bible, the letter of James says, if someone claims to have faith in God but does not act accordingly, then that faith is dead. Our forefather Abraham received the righteousness in heart because of his good works. Keeping faith in God, he offered his own son on the altar. His faith was perfected through his good works. Abraham believed in God and because of that faith, he was counted as righteous. Not only that, he was also called a 'friend of God'.



Scene of storm and rain

Let us read a story

Jharna is a social worker. She has a deep faith in the Creator. Before going anywhere, she always prays that God the Father Almighty protects her in all circumstances. Because of her responsibilities, she often has to travel to different places. One day, while she was traveling by bus to Sylhet, a heavy storm with thunder and lightning begins. The passengers started calling out to the Creator. Jharna also prayed to God. She had no fear or anxiety. She had strong faith that she would be saved if she called upon the Creator. Finally, everyone was saved from the grip of the storm. It is the result of Jharna's prayer in faith.

A. Write in the table below some of the events that you have experienced as reflection of your faith-

1. _____
2. _____
3. _____
4. _____

B. Demonstrate a role-play how you can experience God's presence as a Chrisitan believer.

What we have learnt in this lesson-

- Complete faith in the Creator
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Abraham attained righteousness in his heart for –

a. good work b. prayer c. sacrifice d. faith

2. Who offered his son on the altar?

a. Moses b. Abraham c. Jacob d. Isaac

4. What should be done to get protection during heavy rain?

a. faith b. worship c. prayer d. discussion

B. Match the right column with the left.

Left column	Right column
1. Abraham received righteousness in his heart	1. offered his own son on the altar.
2. He believed in God and	2. because of his good works.
3. Abraham's faith was	3. brought to the Lord's supper.
	4. perfected through his good deeds.

C. Write 'T' for true and 'F' for False for the following statements.

1. Jharna prays before going anywhere.
2. There was an earthquake on Abraham's journey.
3. Jharna had a deep faith in God.

D. Answer the following questions in brief.

1. How did Abraham receive righteousness?
2. Why did Jharna call upon God in the storm?

E. Answer the following questions in detail.

1. Why was Abraham called a 'friend of God'?
2. What will you do to be protected from danger according to the teachings of the Bible?

Lesson: 8

Practising Faith in Life

(Mark 16:15–20)



Jesus is the healer

The narration described at the end of the Gospel of Mark shows how he commissioned the Christian believers to preach the gospel through the event of Jesus' resurrection. So, all his believers are to preach the gospel everywhere.

Jesus told His disciples, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: in my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."

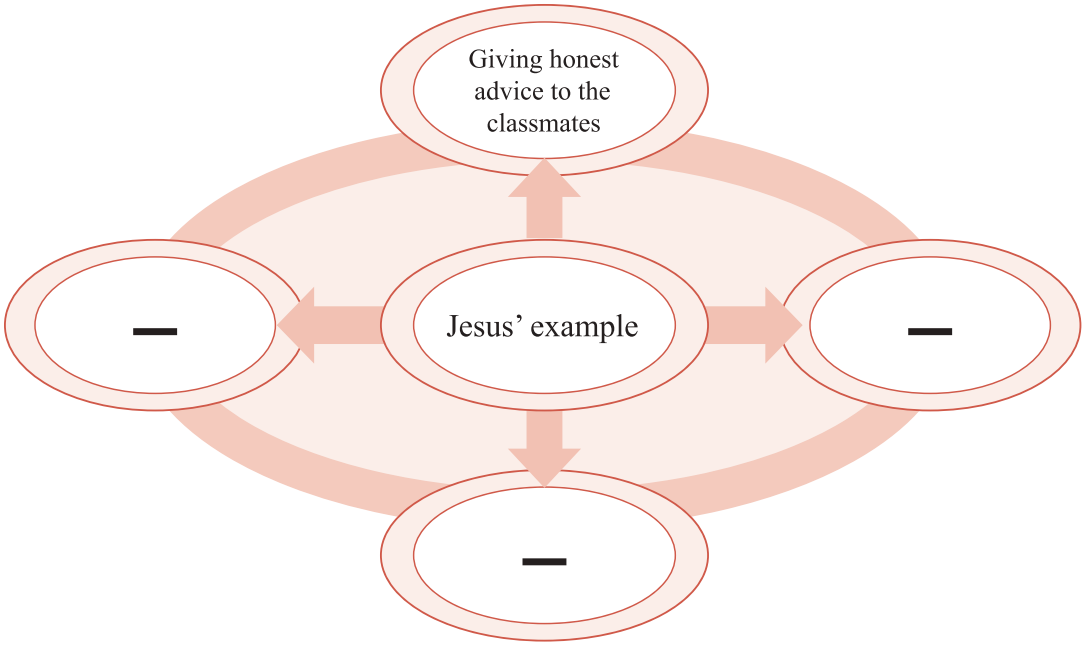
According to Jesus' command, His disciples went out to spread the Good News everywhere. The Lord was in favor of them in all their works.

Let us read a story

Trisha studies in a school in a remote area. Some of her classmates have bad habits of lying. They used to cheat and deceive the teachers. They often make the classroom dirty. Trisha does not like it. She tries to convince her classmates that it is not good to do such things. Her classmates oppose her and raise a false

accusation to the teacher against her. Trisha was not afraid of it because she knows that Jesus has taught us to walk in the right path and speak the truth. So, in front of everyone she courageously testifies the teaching of Jesus. Hearing her testimony, her classmates are inspired and never lie again.

A. Write in the blank boxes below how you will apply the example of Jesus in your daily life.



B. Write in your notebook how you are inspired by Trisha's story.

What we have learnt in this lesson-

- Always walk in the path of truth
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. The believers in Christ preach-

a. gospel b. own example c. God's example d. preacher's words

2. According to the textbook, which Gospel describes the resurrection of Jesus-

a. Matthew b. Mark c. Luke d. John

3. Jesus' disciples went out everywhere to-

a. heal the sick b. give advice c. preach the Gospel d. perform miracles

B. Match the right column with the left.

Left column	Right column
1. Jesus told his disciples,	1. spread the Good News everywhere.
2. Believers will speak in new tongues and	2. to heal the sick.
3. His disciples went out to	3. they will drive out demons.
	4. go into all the world.

C. Fill in the blanks.

1. They will place their hands on sick people, and they will get-------.
2. Whoever believes and is baptized will be --------.

D. Answer the following questions in brief.

1. Why did Trisha's classmates lie, cheat and deceive?
2. What path did Jesus teach us to follow?

E. Answer the following questions in detail.

1. How can you apply the example of Jesus in your daily life?
2. Why did Jesus commission His disciples with Apostlic duties?

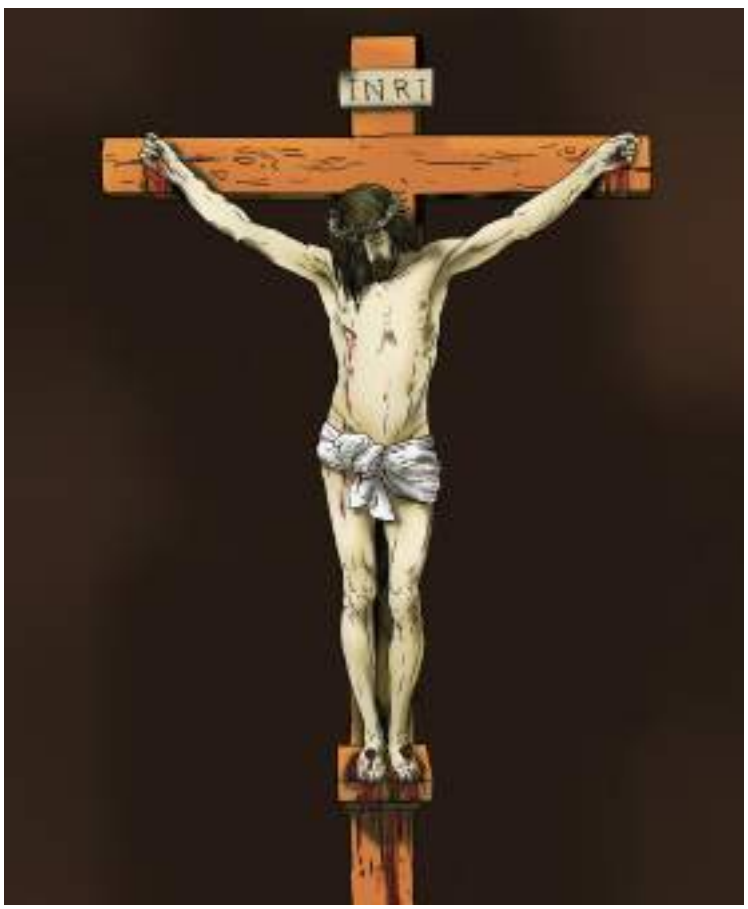


CHAPTER 2

Chapter Two

The Crucifixion and Resurrection of Jesus

We believe in the Paschal Mystery of Jesus Christ which is the core belief of Christianity. God has planned to fulfil this Paschal Mystery. That plan was fulfilled by the crucifixion and resurrection of Christ. Thus everyman has been redeemed from sin. Therefore, the suffering, death and resurrection of Jesus Christ have a unique importance in each of our lives.



Crucified Jesus

Lesson: 1

The Trial and Crucifixion of Jesus Christ

(Mark14: 53-64; Mark 15:21-27)

Jesus Christ was insulted at the hands of Pharisees to redeem mankind, and was presented before Pilate for trial. He was insulted in front of Pilate and was forced to carry the cross. The story of Jesus' trial and carrying the cross is narrated below from the Bible:



The trial of Jesus Christ before Pilate

They took Jesus to the high priest. All the chief priests, the elders and the scribes gathered there. Peter followed him at a distance, right into the courtyard of the high priest. There he sat with the guards and warmed himself at the fire.

The chief priests and the whole council were looking for evidence against Jesus so that they could put him to death, but they did not find any evidence. Many testified falsely against him, but their evidence was conflicting. Some stood up and submitted this false evidence against him: 'We heard him say, "I am going to destroy this temple made by human hands, and in three days I will build another, not made by human hands." But even on this point, their evidence was conflicting. The high priest then rose before the whole assembly and put this question to Jesus, 'Have you no answer to that? What is the evidence these men are bringing against you?' But He was silent and made no answer at all. The high priest put a second question to Him saying, 'Are you the Christ, the Son of the Blessed One?' 'I am,' said Jesus, 'and you will see the Son of man seated at the right hand of the Power and coming with the clouds of heaven.'

The high priest tore His own robes and said, 'Why do we still need for witness? You have heard His blasphemy! What is your decision?' Their verdict was unanimous: He deserved to die. Then they forced Him to carry a heavy wooden cross on His shoulders from the foot of Mount Calvary to the highest peak. On the way to Calvary, He suffered terrible pain and suffering. The Jewish soldiers beat Him with fists, slaps, and whips. Jesus fell many times along the way, but nevertheless, He was forced to carry the cross. After enduring all kinds of torture and humiliation, Jesus reached the top of the mountain. There He was crucified.



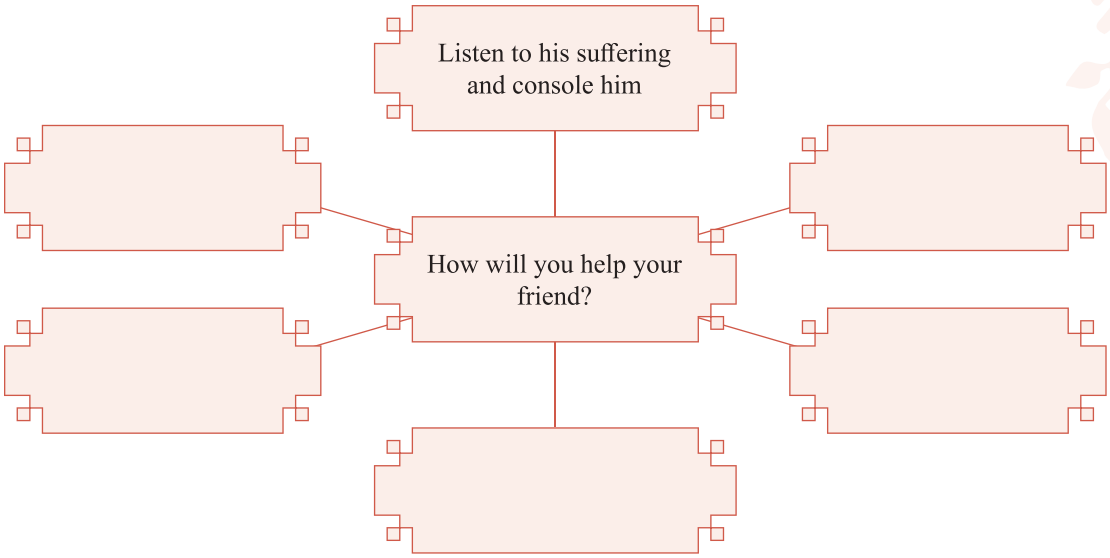
Jesus carrying the cross

A. Read the story of trial and crucifixion of Jesus Christ and mention your reactions in the following chart.

The state of my mind
1. Feeling repented
2.
3.
4.

B. Demonstrate a role play of Jesus Christ carrying the cross to Calvary.

C. Write down in the blank boxes how you can help your friend when he/she is in trouble.



What we have learnt in this lesson-

- Endure in silence
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. For the salvation of mankind, Jesus Christ was___at the hands of Pharisee.

a. surrendered b. insulted c. respected d. pained

2. Jesus was taken to the -

a. elders b. priests c. high priest d. mother

3. Who warmed himself at the fire?

a. Peter b. John c. Philip d. Bartholomeo

B. Write 'T' for true and 'F' for False for the following statements.

1. Many testified falsely against Jesus.
2. Jesus said that He would build a temple in five days.
3. Jesus is not worthy to be sentenced to death.

C. Fill in the blanks.

1. Are you _____?
2. Why do we still need for _____.
3. Many_____falsely against Him.

D. Answer the following questions in brief.

1. Why is Jesus called the Son of God?
2. What did Jesus tell about building the temple?
3. Why did they bear false witness against Jesus?

E. Answer the following questions in detail.

1. What will you do if you are accused wrongly like Jesus?
2. What should you do when you see someone suffering?

Lesson: 2

The Crucifixion and Death of Jesus Christ

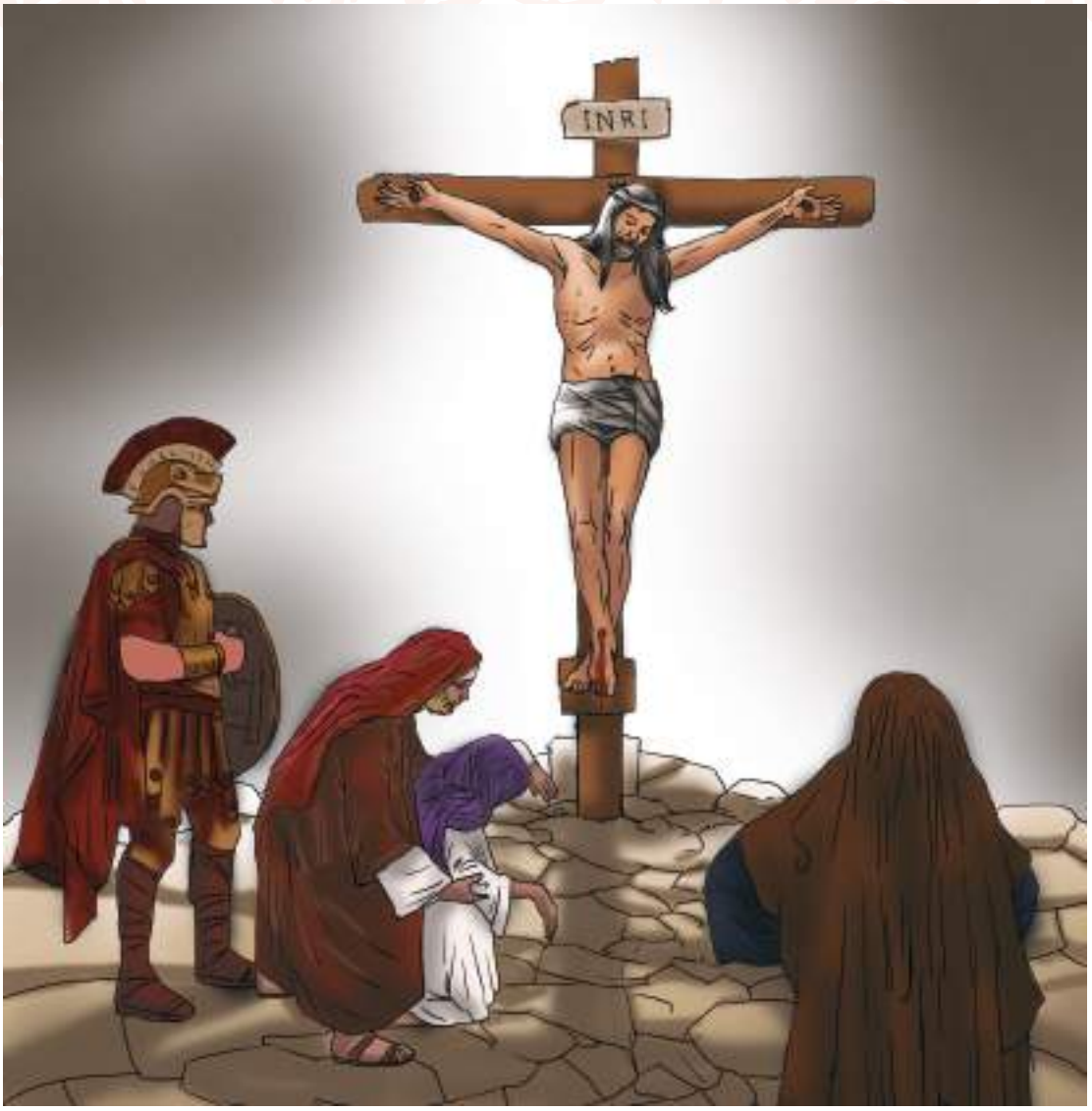
(Mark 15:22-37)

Though Jesus was innocent, scribes, priests and elders condemned Him. He was forced to carry the cross, and He was crucified on the cross. He was insulted until He died. Let us try to know the story of the crucifixion and death of Jesus from the Bible.

They brought Jesus to the place called Golgotha (which means "The place of the skull"). Then they offered him wine mixed with myrrh, but He did not take it. And they crucified Him. Dividing up His clothes, they cast lots to see what each would get. It was nine in the morning when they crucified Him. The written notice of the charge against Him read: THE KING OF THE JEWS. They crucified two rebels with Him, one on His right and the other on His left. Those who passed by hurled insults at him, shaking their heads and saying, "So! You who are going to destroy the temple and build it in three days, come down from the cross and save yourself!" In the same way the chief priests and the teachers of the law mocked him among themselves. "He saved others," they said, "But He can not save Himself! Let this Messiah, this king of Israel, come down now from the cross, that we may see and believe." Those crucified with Him also heaped insults on Him.

At noon, darkness came over the whole land until three in the afternoon. And at three in the afternoon Jesus cried out in a loud voice, "Eloi, Eloi, lama sabachthani?" (which means "My God, my God, why have you forsaken me?").

When some of those standing near heard this, they said, "Listen, He is calling Elijah." Someone ran, filled a sponge with wine vinegar, put it on a staff, and offered it to Jesus to drink. "Now leave Him alone. Let us see if Elijah comes to take Him down," he said. With a loud cry, Jesus breathed His last.



The crucifixion and death of Jesus Christ

Without knowing the divinity and power of Jesus, people criticised Him and made Him suffer. Jesus did not come into this world for His own sake, but He came to save mankind from sin.

In this present age, we make Jesus suffer. When we do not walk in faith, do not practise religion, criticise others, do not read the Bible, do not join for worship, speak lies and disrespect the elders, then we hurt Jesus.

A. Write down in the chart how soldiers hurt Jesus.

1. whipping
2. _____
3. _____
4. _____

B. Make a list of ways how you can respect Jesus in your daily life through your various works.

Honouring Jesus
1. Feeling repentant
2.
3.
4.

What we have learnt in this lesson-

- Not to criticise
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Though he was innocent, Jesus was condemned by-

a. the scribes b. religious leaders c. gentiles d. scholars

2. Jesus was crucified with-

a. one person b. two persons c. three persons d. four persons

3. The whole country was in darkness at-

a. 10 am b. 11 am c. 12 pm d. 1 pm

B. Match the right column with the left.

Left column	Right column
1. Darkness came over the whole land until	1. cried out in a loud voice.
2. At three o'clock in the afternoon Jesus	2. the time is nine in the morning.
3. My God, My God	3. three in the afternoon.
4. One on his right and	4. why have you forshaken me?
	5. the other on his left.
	6. in a rough language.

B. Write 'T' for true and 'F' for False for the following statements.

1. Jesus was taken to a place called Golgatha.
2. The soldiers said, 'Listen, He is calling Moses'.
3. John ridiculed Jesus.

C. Answer the following questions in brief.

1. Why did Jesus come to earth?
2. What does the salvation of the mankind mean?

D. Answer the following questions in detail.

1. How do we hurt Jesus in the present age?
2. How will you honour Jesus?

Lesson: 3

Teachings of the Suffering of Jesus Christ in Human Life

(John 12: 24-26)

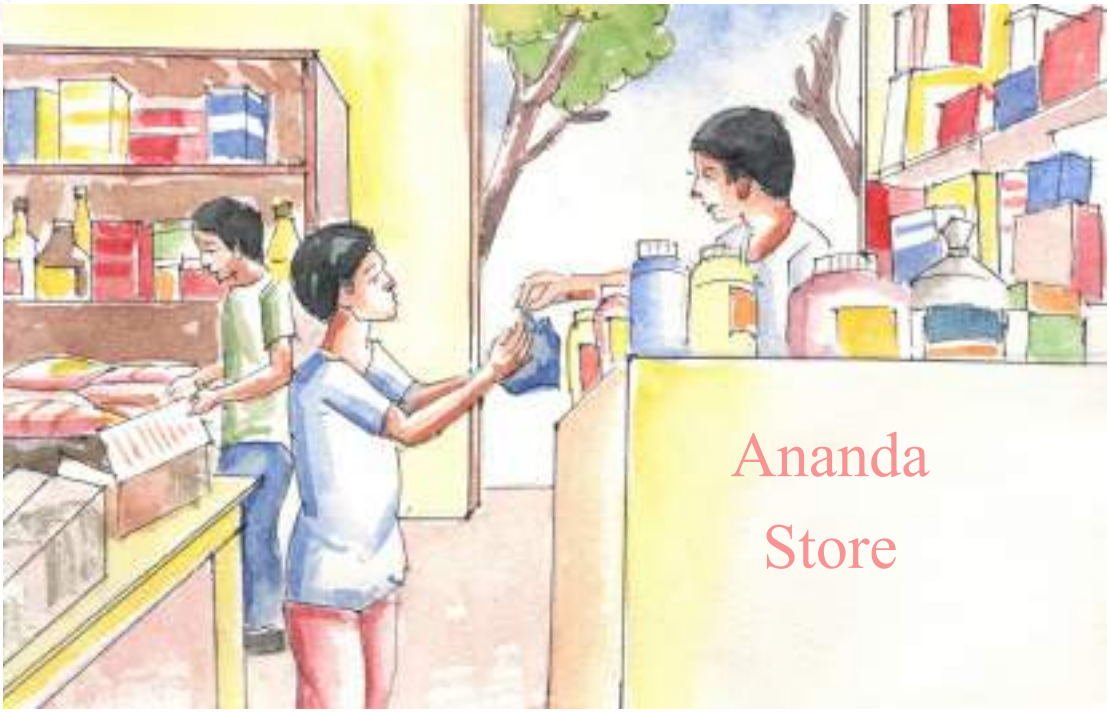
We can learn and understand many things by examining the life of Jesus. His entire life is exemplary for us. Nevertheless, we learn to do many things in our daily lives from the events of His suffering. Jesus said to His disciples, 'Unless a grain of wheat falls to the ground, it remains only a single grain, but if it falls to the ground, it bears much fruit. Likewise, whoever wants to save his life will lose it, but whoever loses his life in this world will surely find it for eternity.'

Jesus understood that He had to suffer for the salvation of mankind. As a man of flesh and blood, His mind was weak, and He said, 'Father, if it is possible, remove this terrible suffering from me.' The next moment, because of His immense love for mankind, He could say, 'Father, I have come to fulfill the purpose for which you have chosen me. Father, let your glory be revealed through me.' And Jesus truly fulfilled it. We can practise the lesson of Jesus' suffering in our daily lives.

Let us read a story

Liton and Lina are two siblings. Their father, George, is the manager of a shop in Dhaka. He works in the shop from morning to evening every day. He has a good relationship with other colleagues. He explains the accounts properly to the owner every day. Their mother prays with Liton and Lina every morning and evening. One afternoon, Liton's father suddenly falls ill. His colleagues take him to the hospital. The owner is very worried about him and arranges for proper treatment. On the other hand, three colleagues together falsely accuse George to the owner for embezzling money in his name. The owner is surprised; he does not know what to do. In the end, he believes his colleagues. A few days later, when George recovers and goes to thank him, the owner gives him a notice of dismissal. George is surprised; he does not understand anything. When he returns home and tells his family everything, and everyone is shocked. Liton and Lina tell their father not to worry and to be patient. Liton and Lina pray to Jesus and Mary with the parents every day so the owner realises the truth. After a month of praying, the owner suddenly calls George. Meanwhile, the colleagues

has stolen everything from the shop and flees. The owner apologises to George for his wrong decision and asks George to return to work. Thus, joy returns to their family. They understood that joy comes only after suffering.

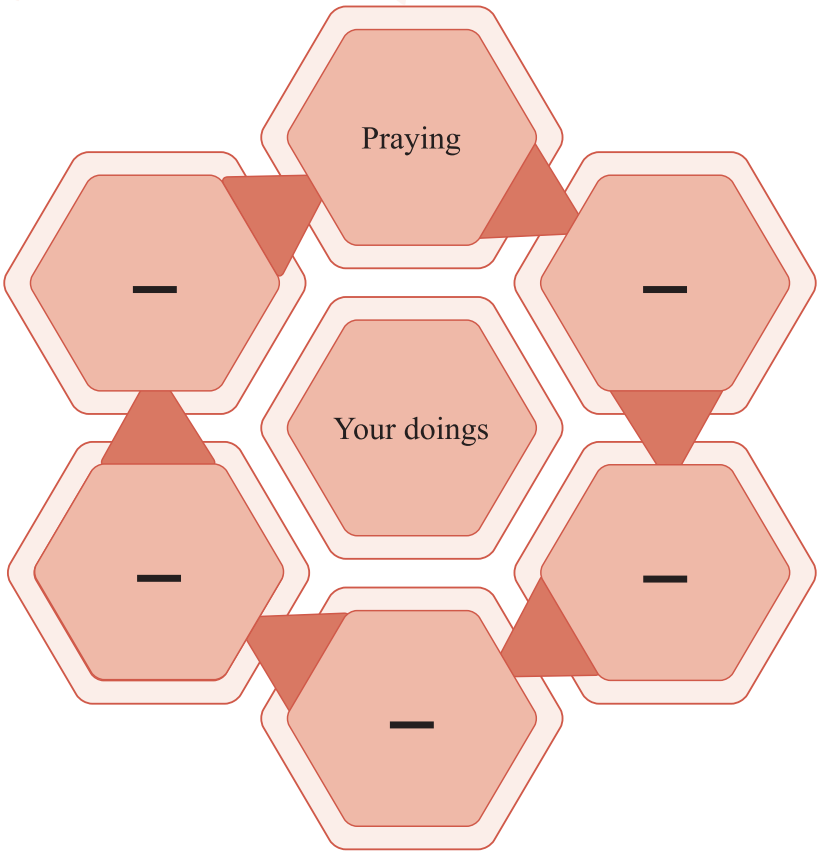


George and his friends working in the shop

A. Compare George's life with the teachings from Jesus Christ's suffering and write them in the table below.

Jesus Christ`s suffering	George's suffering
1. The tragic suffering of Jesus on the cross.	1. The owner misunderstood George.
2.	
3.	
4.	

B. Write in the blank boxes below what you will do if your close friend is sick.



C. " Forgive me O Lord…. " Sing this song together at the end of the class.

What we have learnt in this lesson-

- The ideal of Jesus' suffering is exemplary in our lives.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Which life of Jesus is exemplary for us-

a. childhood life b. whole life c. last life d. educational life

2. The glory of God is revealed-

a. through Jacob b. through Moses c. through Jesus d. through Peter

3. Whose father is the store manager?

a. Liton and Lina b. Mina and Lina

c. Swapon and Jibon d. Savita and Rebecca

B. Match the right column with the left.

Left column	Right column
1. Jesus' entire life is	1. the salvation of mankind.
2. Jesus had to suffer for	2. very worried about him.
3. We can practise the lesson of Jesus' suffering	3. exemplary for us.
4. Geroge's owner is	4. can not understand.
	5. in our daily lives.
	6. take him to hospital.

C. Fill in the blanks.

1. They understood that _____ comes only after suffering.
2. Whoever wants to save his life will ____ it.
3. Father, let your _____ be revealed through me.

D. Answer the following questions in brief.

1. What will you do if your mother falls sick?
2. What was Jesus' state of mind as a man of flesh and blood?

E. Answer the following questions in detail.

1. How can we implement the ideal of Jesus' suffering in our lives?
2. What would you do if you were in the same situation as Liton and Lina?

Lesson: 4

The Resurrection of Jesus

(Matthew 28: 1-18)

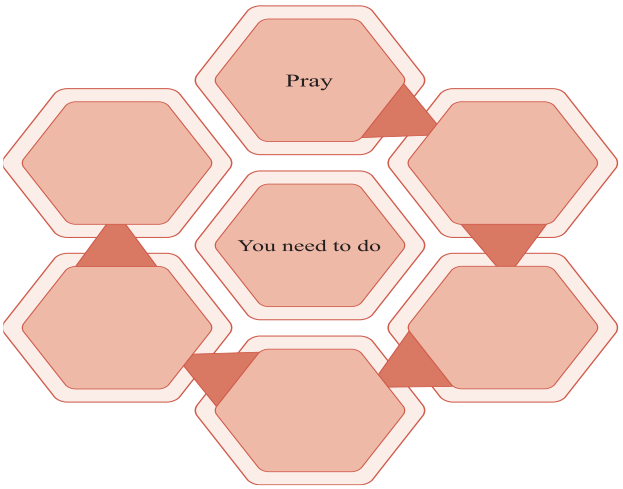
We have heard the story of Jesus' death. He Himself said it before that He will be resurrected after three days. Today we shall come to know about His resurrection from the Bible.

After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to see the tomb. There was a violent earthquake, for an angel of the Lord came down from heaven and, went to the tomb, rolled back the stone and sat on it. His appearance was like lightening, and his clothes were as white as snow. The guards were so afraid of Him that they shook and became like dead men. Women were telling to each other, How will we remove the stone? Maria reached before all and saw the stone was kept aside. Then she ran to Peter and said, they robbed the body of Christ. By the time other women entered and saw the body of Jesus was not there. They were wondering when two persons stood near them. Women were looking down because of fear. Both of them told, "Do not fear, you are here to seek Jesus, but He has risen. Why are you searching for Him among the dead? Did not He tell you that He will be given to the sinners, He will be crucified and on the third day He will be resurrected. Go and tell to Peter and other disciples that He will meet you." Then the women went away with fear but with joy. And He has risen truely so that whole mankind may be saved.

Let us read a story

Leon and Lima are siblings. One day Leon was drowned while swimming with his friends in the pond. His father saw it and brought him out from the water. Then he was unconscious. By seeing it, his mother and sister started crying, and people were consoling them. Leon's father kept pressing on his stomach to release the water from it. After a long time, he got back his consciousness. Leon regained his life.

A. Write in the blank boxes, what type of inspiration you received from the resurrection of Jesus Christ.



B. Write on poster when in your life you have experienced the joy like resurrection.

1. The joy of healing after the illness
2. _____
3. _____

What we have learnt in this lesson-

- Jesus truly rose after death.
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. With some women, ---went to the tomb-

a. Peter b. Elizabeth c. John d. Mary Magdalene

2. Who removed the stone from the tomb-

a. Joseph b. Angels c. Mary d. soldiers

3. Jesus is resurrected on the-

a. 1st day b. 2nd day c. 3rd day d. 4th day

B. Write 'T' for true and 'F' for False for the following statements.

1. Jesus was handed over to the sinners.
2. Women were looking at the sky in fear.
3. Leon regained his life.

C. Fill in the blanks.

a. _____do you seek, He is not here.

b. Jesus _____ to save mankind.

c. Leon was ____ in the water while swimming in the pond.

D. Answer the following questions in brief.

1. After the resurrection of Jesus what did the angel tell to His disciples?
2. How would you have felt if you had seen the stone removed from Jesus' tomb?

E. Answer the following questions in detail.

1. Describe the impact that the resurrection of Jesus has had on your life.
2. What will you do if you receive the blessing of God in your life?

Lesson: 5

Proof of the Resurrection of Jesus Christ

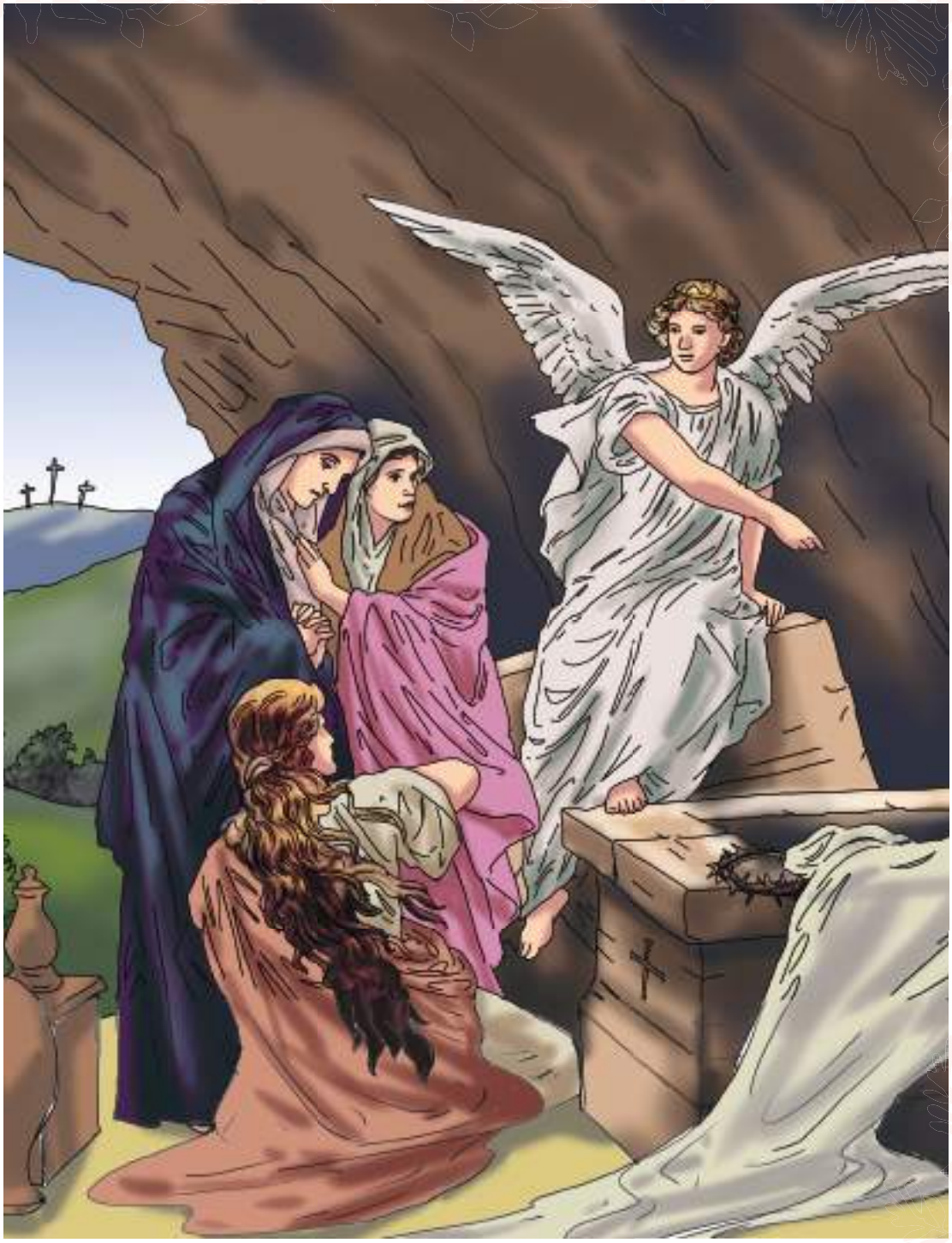
(John 20:1-18)

At first, many people did not understand or believe that Jesus Christ had truly risen. So Jesus Christ appeared to many people to prove that He had truly risen.

“On the first day of the week, after He was resurrected, Jesus appeared first to Mary Magdalene, from whom He had driven seven demons. Mary went and told those who had been with Him. The disciples were still mourning and weeping for Him. They did not believe that Jesus was alive and that Mary had seen Him.

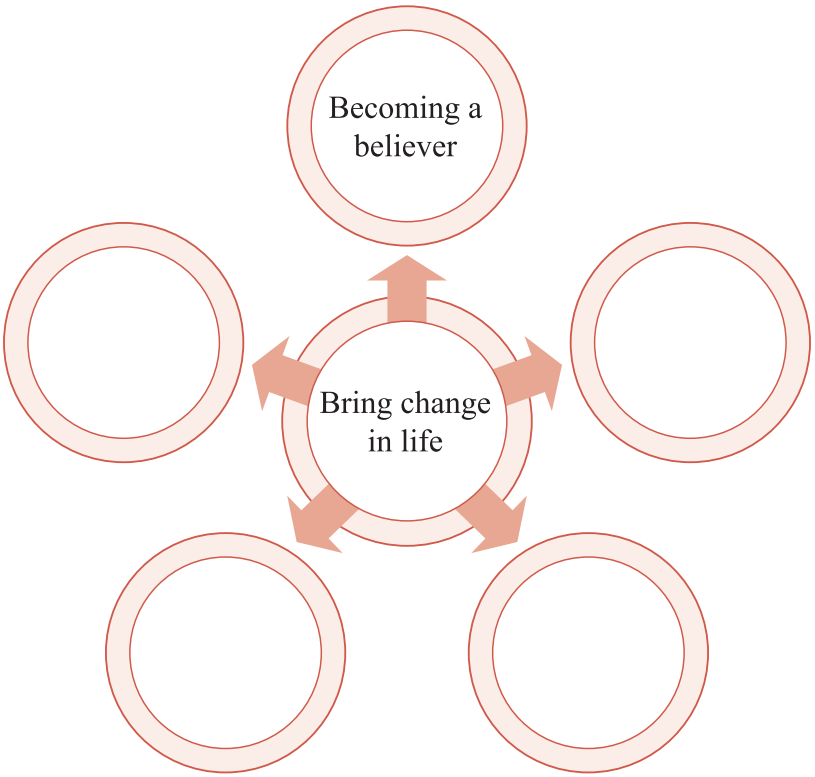
After this, two of them were walking towards the countryside. Then Jesus appeared to them in a different form. When they returned to Jerusalem, they told the other disciples. But they did not believe them either. Finally, while the eleven apostles were eating together, Jesus appeared to them because they did not want to believe any of those who had seen Him after He had been raised. He rebuked them for their foolish unbelief. Then He said, “Go into all the world and preach the gospel to the whole creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will follow those who believe. In my name they will cast out demons; they will speak in new tongues; they will pick up snakes; and if they drink deadly poison, it will not hurt them. They will lay their hands on the sick, and they will recover.”

Thus, through various events, we find evidence of the resurrection of Jesus Christ. These events constantly help us to gain a clear understanding that Jesus Christ is truly God. This is why we are called and chosen to preach His message to the world.



Three women in empty tomb

A. Write in the blank boxes below what changes you can make in your life by believing in the resurrected Jesus Christ.



B. Draw a picture of resurrected Jesus in your notebook.

C. At the end of the religion class, sing a song of resurrection.

What we have learnt in this lesson-

- After the resurrection, Mary Magdalene met Jesus Christ first.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. After the resurrection of Jesus to whom did He appear?

a. Martha b. Simon c. Mary Magdalene d. disciples

2. For unbelief, Jesus insults the-

a. disciples b. people c. women d. children

3. We are called to preach the gospel to the-

a. man b. women c. catholics d. whole world

B. Match the right column with the left.

Left column	Right column
1. You go to the	1. is truly God.
2. One who will not believe	2. whole world.
3. If they keep their hands on the sick	3. called and appointed.
4. Jesus Christ	4. will be punished.
	5. they will be healed.

B. Write 'T' for true and 'F' for False for the following statements.

1. We have heard about the resurrection of Jesus Christ through many events.
2. Two disciples were going to the village by boat.
3. Jesus cast out seven devils from Mary Magdalene.

C. Answer the following questions in brief.

1. How is it evident that Jesus has truly risen?
2. How will you experience the resurrection of Christ?

D. Answer the following questions in detail.

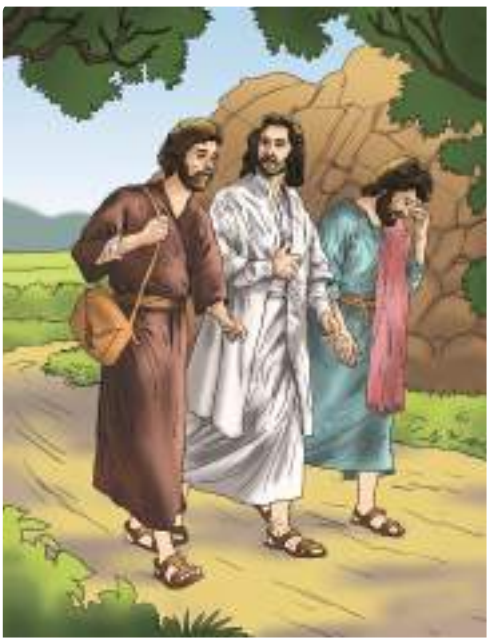
1. How do you understand that Jesus Christ is truly God ?
2. How can Jesus' resurrection bring change in human life?

Lesson: 6

Significance of the Resurrection in the Reality of Life

(Luke 24: 13-15)

The resurrection of Jesus is a significant event. We can understand many things through this event and can guide our lives with its inspiration as we walk the path of life. We can lead our lives according to the life of the disciples on the way to Emmaus in the Bible.



Jesus on the way to Emmaus

'One day, two of the disciples were going to a village named Emmaus. It was about twelve kilometers far from Jerusalem. On the way, they were talking to each other about what had happened. As they discussed these things with each other Jesus himself came up all of a sudden and walked along with them, but they could not recognise Him. He asked them, "What are you discussing together as you walk along?"They stood still; their faces were downcast. One of them, named Cleaopas, asked him, "Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?"

"What things?" He asked. "About Jesus of Nazareth," they replied. "He was a powerful prophet in word and deed before God and all the people. The chief priests and our rulers handed Him over to be sentenced to death, and they crucified Him. But we had hoped that He was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. In addition, some of our women amazed us. They went to the tomb early in the morning but did not find His body. They came and told us that they had seen a vision of angels, who said He was alive. Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus."

He said to them, " How foolish you are, and how slow to believe all that the prophets have spoken. Did not the Messiah have to suffer these things and then enter into his glory? And beginning with Moses and all the prophets, he explained to them what was said in all the Scriptures concerning himself. As they approached the village to which they were going, Jesus continued on as if he were going farther. But they urged him strongly, "Stay with us, for it is nearly evening; the day is almost over." So he went in to stay with them. When he was at the table with them, he took bread, gave thanks to God, broke it and gave it to them. Then their eyes were opened and they recognised him, and he disappeared from their sight. They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together and saying, "It is true! The Lord has risen and has appeared to Simon." Then the two descrived what had happened on the way, and how Jesus was recognised by them when he broke the bread.

A. Write down the subject of what Jesus discussed with the two disciples.

1. Christ will suffer and enter into his glory.
2.
3.
4.

B. Demonstrate the events on the way to Emmaus through a role play.

What we have learnt in this lesson-

- Jesus' resurrection is the foundation of our faith.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Jesus' resurrection is-

a. an important event b. an inspiring event

c. a significant event d. an encouraging event

2. Who were going to Emmaus?

a. one disciple b. two disciples c. three disciples d. four disciples

3. Who accompanied the disciples?

a. Jesus b. priest c. Joseph d. high priest

B. Match the right column with the left.

Left column	Right column
1. The village is twelve kilometers	1. who does not know the things?
2. Are you the only one visiting Jerusalem	2. gave in their hands.
3. Jesus said to them,	3. vanished.
4. Then their eyes were opened	4. far from Jerusalem.
	5. and they recognised him .
	6. 'how foolish you are!'

C. Write 'T' for true and 'F' for False for the following statements.

1. The eyes of the disciples could not recognise Jesus.
2. Are you the only stranger here?
3. Jesus is a simple man in work and deed.

D. Answer the following questions in brief.

1. Who could not believe the words of the prophets?
2. How does Jesus' resurrection make an impact on your day to day life?

E. Answer the following questions in detail.

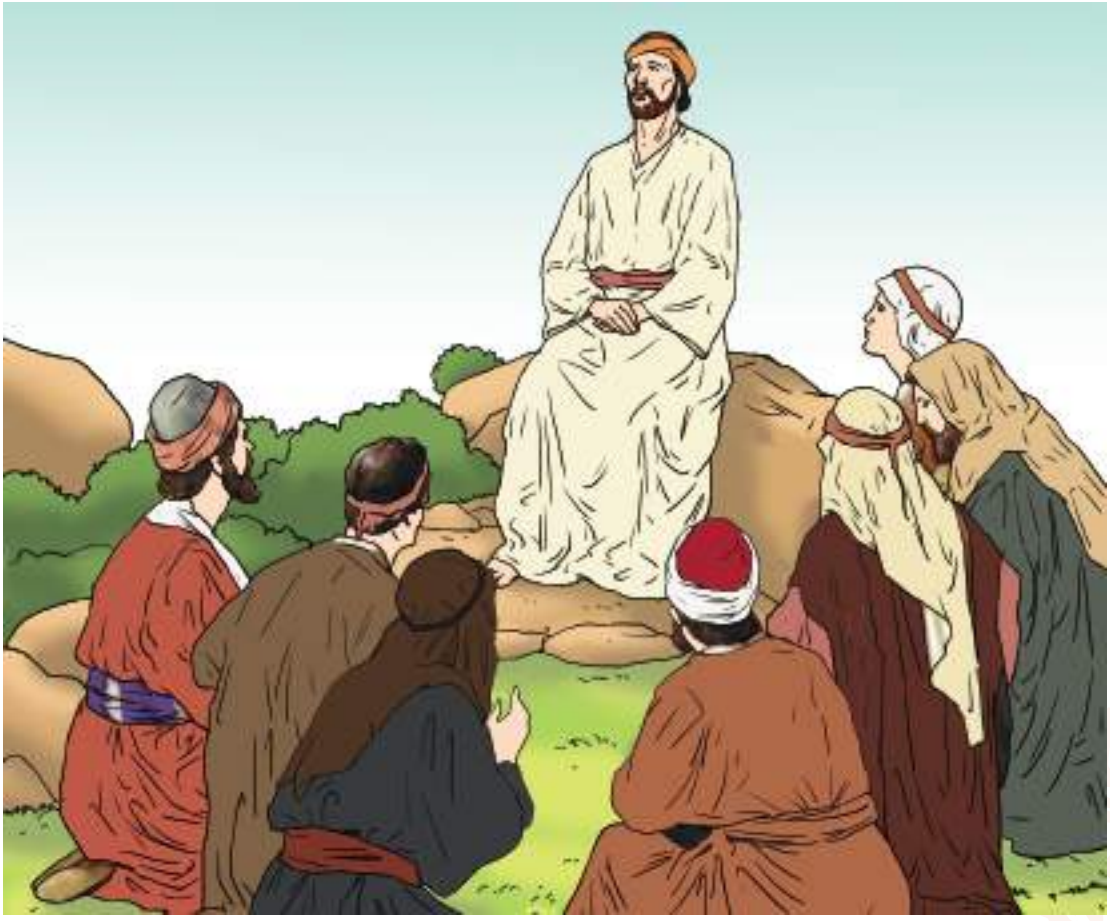
1. How did Jesus explain the Word of God on the way to Emmaus ?
2. How did the disciples recognise Jesus ?

Lesson: 7

Jesus' Resurrection and Our Blessings

(Mark 16:15-20)

Jesus Christ rose after three days of His death. Through the suffering, death and resurrection of Jesus, blessings are received by all mankind. Through His resurrection, we have received new life, by which we have gained new motivation. We, by becoming the disciples of Jesus, are able to spread His word like Apostles. We come to know the teachings of Jesus from the Bible.



Preaching of the disciples

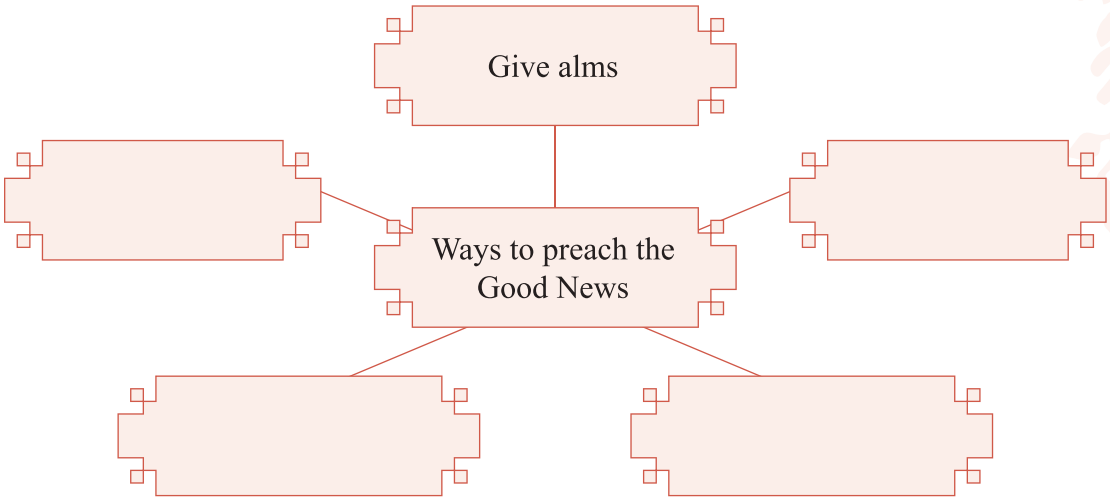
Then it was time for the disciples to leave Jerusalem and go to Galilee. Angels told them at the tomb of Jesus that He would meet them there. Some of the disciples still could not believe that Jesus had risen from the death. When Jesus appeared there, He answered to them for their unbelief and opened the mind of theirs so that they may understand the word of the Holy scriptures. He said, "Do you remember what I told you? I told you that whatever is written in the book of Moses, psalms and prophets, would happen. These writers told it long before that Christ would suffer, die and will rise on the third day. And the human hearts will be transformed and their sins will be forgiven in the power of my name. He said to them, "Go to all over the world and preach the gospel to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. Remember, I am with you till the end of the world. Just as my father has sent me, I am sending you. Those who believe can perform miracle in my name."

It is proved through Scriptures that we received the new life and new inspiration through the resurrection of Jesus, by which we are inspired to preach the good news. Jesus has truly risen and His resurrection is a blessing for all of us.

A. How Jesus' Resurrection is a blessing for us, mention in the following table.

1. Receiving new life
2.
3.
4.
5.

B. Write in the blank boxes what you can do to preach the Good News of Jesus.



C. You have prayed for three consecutive days for your sick friend. On the fourth day, he got well and came to the school. Write down your feelings, in his presence.

1. Thanks be to God
2. _____
3. _____
4. _____

What we have learnt in this lesson-

- Jesus' resurrection gifted us new life.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Resurrection brought for human kind-

a. curse b. scandal c. blessing d. liberation

2. From the Bible, whose teaching can we know-

a. Peter b. Pope c. Paul d. Jesus

3. What do we need to be to preach the Good News of Jesus ?

a. Saul's disciple b. high priest's disciple

c. disciple of Jesus d. disciple of Peter

B. Match the right column with the left.

Left column	Right column
1. Jesus had risen	1. to preach Good News.
2. Angels told them at the tomb of Jesus	2. from the dead.
3. Go to all over the world	3. I sent you.
	4. that He would meet them there.

C. Write 'T' for true and 'F' for False for the following statements.

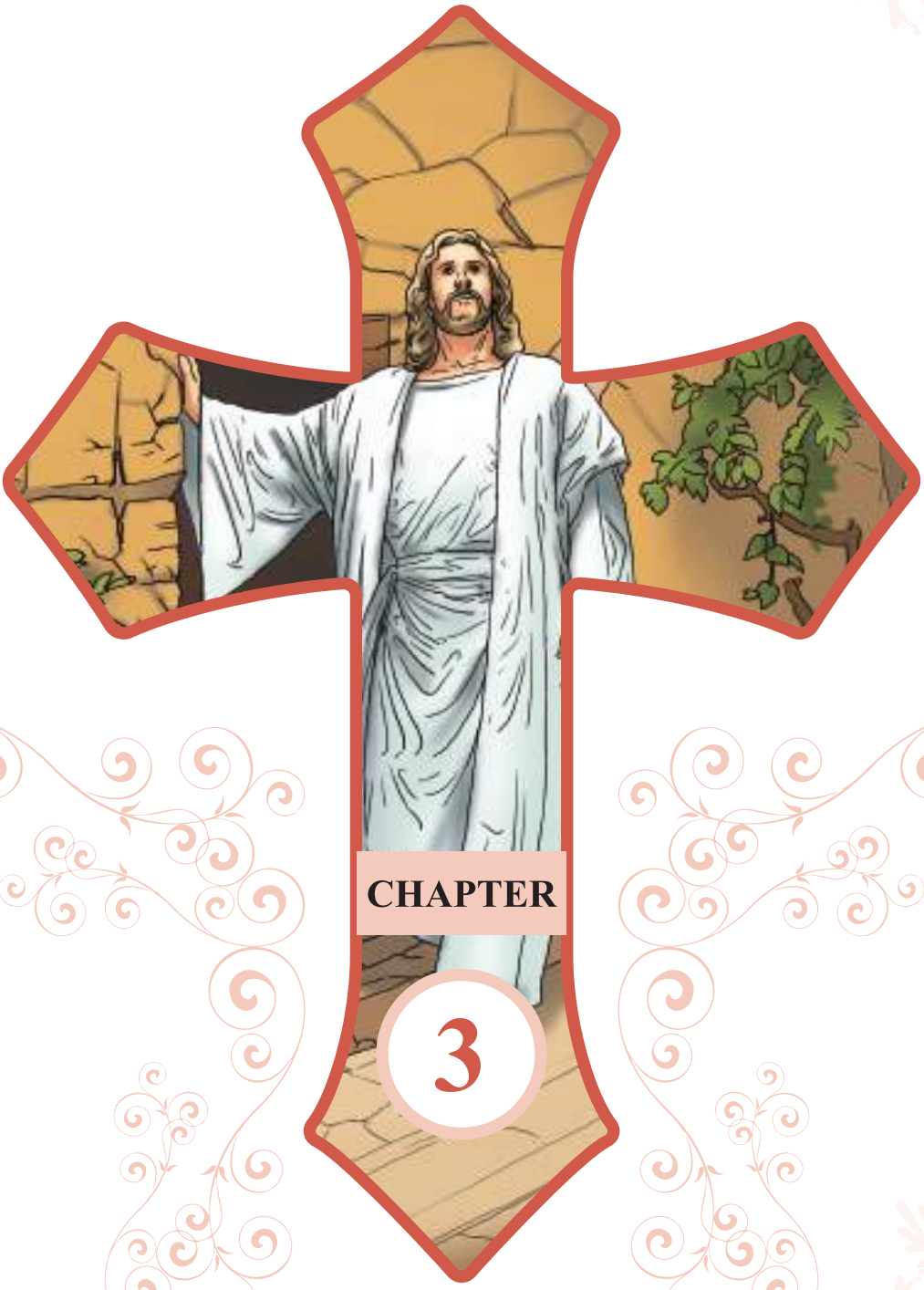
1. I am with you till the end of the world.
2. Those who believe they are not able to do miracles.
3. Jesus' resurrection is proven through the Word of God.

D. Answer the following questions in brief.

1. Who can preach the Good News?
2. What kinds of inspiration do you get by the resurrection?

E. Answer the following questions in detail.

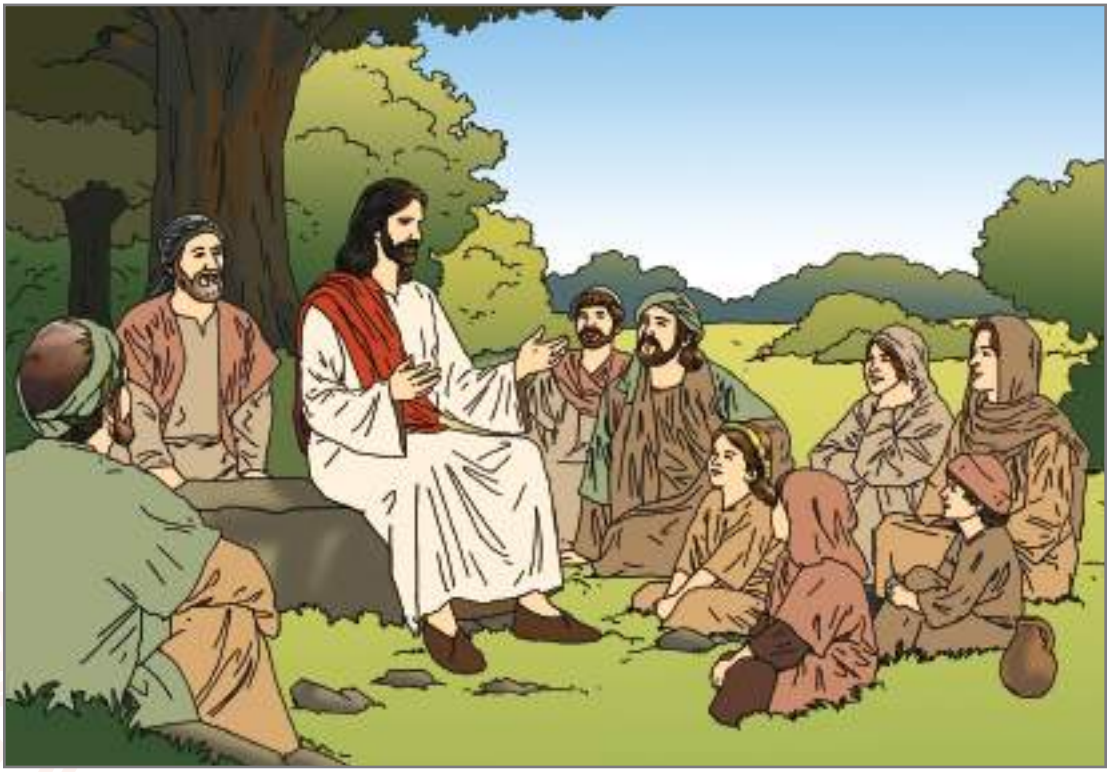
1. Mention what is your role to preach the Good News.
2. Write down what kinds of prediction there were for Jesus Christ.



CHAPTER 3

Chapter: Three
Tolerance and Unity
(John 13: 34)

Jesus Christ teaches love to everyone. Christ even sacrificed his own life for the love for others. He went to every race, from rich to poor just to spread love. And he expects that we, as His followers, do the same. He says to His disciples, "A new command I give you: Love one another. As I have loved you, so you must love one another." Jesus Christ never created any distinction in delivering love. Love and tolerance complement each other. Where love and tolerance exist, there the bond of harmony is formed.



Jesus Christ's communion with others

Lesson: 1

Tolerance

(Romans 12:9-18, 1 Peter 3:15-16, Philippians 2:3-4)

Tolerance refers to the practice of being patient to the different opinions, thoughts and beliefs of people of different religions, castes, classes and professions. Generally speaking, tolerance means respecting the opinions of others even though one's own beliefs and actions do not match. Actually, there is no alternative to tolerance to maintain peace and order in social and national life. Yet, it is a matter of regret that man's innate tendency is to think highly of himself. Saint Paul says, " Be devoted to one another in love. Honour one another above yourself. Bless those who persecute you; bless and do not curse. Rejoice with those who rejoice; mourn with those who mourn."



Mutual love and respect

Do no harm to others. Be of one mind with another. Hate what is evil; cling to what is good. Jesus Christ has said, "Love each other just like I have loved you."

The above sayings are important lessons on tolerance. It is written in the Holy Bible, "Do nothing out of competitive nature and pride rather consider others better than yourselves through humility". Therefore, we should not express any anger or irritation against anyone's opinions through our words, actions and behaviours. Rather, we should be respectful and tolerant towards others' opinions.

A. List your action plan in the table below for practising tolerance in organising a cultural programs in your school.

1. Prioritizing different opinions
2.
3.
4.

B. Write down on a poster paper of what you do at home and at school in order to be tolerant.

What we have learnt in this lesson-

- It is not possible to live within the society in peace without tolerance.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. What does Jesus Christ expect us to do to others?

a. help b. love c. respect d. show affection

2. What develops through love and tolerance?

a. bonds of harmony b. human bond c. bond of union d. rakhi bandhan

3. Who said,"Love one another as I have loved you"?

a. St. Peter b. St. Paul c. St. Joseph d. Jesus Christ

B. Write 'T' for true and 'F' for False for the following statements.

1. Where there is love and tolerance, there is peace.
2. In order to be tolerant, we will be tolerant towards everyone.
3. We will be aggressive if someone expresses a different opinion.

C. Fill in the blanks.

1. Love and tolerance …….. each other.
2. Hate what is evil; cling to what is ……..
3. Be devoted to one another in……

D. Answer the following questions in brief.

1. How does tolerance maintain peace and order in social life?
2. What is the Holy Bible's teaching about tolerance?

E. Answer the following questions in detail.

1. How have you been inspired by Saint Paul's teaching on tolerance?
2. Describe how you will practise the virtue of tolerance in organising the annual sports event in your school.

Lesson: 2

Significance of Tolerance

(1 Corinthians 12: 12-27, Ephesians 4:2, Matthew 7:12)



Religious tolerance

Every human being is a unique creation of God. Therefore, every human being is different in appearance as well as in thought, consciousness, qualities traits, behaviours and speech. Although every human being is unique, they are dependent on each other. That is why humans are social creatures. Without practising tolerance, people with so many different characteristics will not be able to live together in a family, society or state. Our Holy Bible teaches us to live together. A healthy and normal human being is made up of all the organs and parts of a human being. If one limb is dysfunctional or damaged, it is difficult for him to carry on the normal life. Similarly, a peaceful country, nation or society cannot be built if everyone does not live cooperatively. It has been stated in the Holy Bible, "Be completely humble and gentle; be patient, bearing with one another in love."

Let us read a story

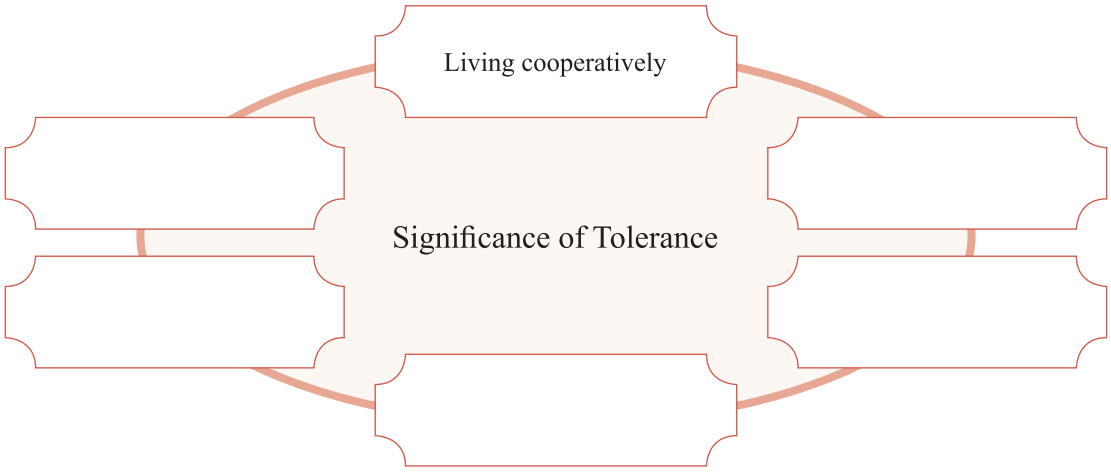
One afternoon, an old man went to the ophthalmologist as he had poor eyesight. The doctor examined him and gave him glasses. He carefully put the glasses in his pocket and walked home. It was already evening. He could not see anything now. As soon as he brought out the glasses and put them on the nose, the nose screamed out, "Dear brother, why are you putting your glasses on me?" The eyes replied, "Dear nose, if you don't let the glasses stay on you, I won't be able to see anything." The nose answered, "That task belongs to you, not to me." The old man tried to walk helplessly but could not proceed much and dashed down with a tree. It was a matter of grief that the nose got bruised badly. The nose screamed, "Can't you walk carefully?" The eyes said, "Brother, I requested you

before to let my glasses sit on you. You didn't agree. Why are you screaming now?"

From this story, we came to know that to operate in a society, we need the cooperation and partnership of everyone. Tolerance creates that mindset in everyone regardless of race, religion, gender or ethnicity to maintain unity amidst differences.

If students acquire skills in living in harmony amidst differences during their educational life, they will be able to build a peaceful society with everyone irrespective of race, religion or caste.

A. Write in the blank boxes below the significance of tolerance in the light of the text.



B) Write in your notebook in 4/5 sentences of how you would help to resolve a conflict in the classroom.

What we have learnt in this lesson-

- Living cooperatively is possible through cooperation and partnership.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. God created man-

a. as complementary b. beautifully c. as His own d. as unique

2. The Holy Bible teaches us-

a. to envy b. to compete c. to abuse d. to live together

3. All social beings are ……. on each other.

a. apathetic b. dependent c. tolerant d. reliant

B. Fill in the blanks.

1. Society cannot be built if everyone does not live---------.
2. Every human being is----------in appearance and consciousness.
3. To operate in a society, we need the cooperation and---------.

C. Answer the following questions in brief.

1. What is the main lesson of the story of the old man's glasses?
2. What can you do to help your mother?

D. Answer the following questions in detail.

1. Write in five sentences, what you can do to build a peaceful country, nation, and society.
2. Write in four sentences how to maintain harmony among classmates of different religions, castes and beliefs in school.

Lesson: 3

Ways of Tolerance

(Titus 3:2, Romans 12:15, 1 Peter 3:8, Colossians 3:12 Ephesians 4:32)

We live in a world where one is different from another. Just as everyone looks different, so too is their thinking. This is why their style of speaking and work is different. Even their religion, beliefs, tastes, ideas and friends are different. In this way, we live in a world where we can be completely different from each other. So, should I not give priority to the thoughts and consciousness of others? Or, should I only give priority to my own words? Should I not respect others? Or, should I push them away? It is tolerance is when we respect each other's thoughts. I will also respect the comments of other people. I will not just impose my own thoughts on others. Again, when someone from another religion celebrates their religious festivals, we must respect that. If other communities celebrate their cultural festivals, we must also accept that with a generous heart.



Mutual tolerance

What the Holy Bible says about tolerance is: "Remind them to speak what is evil of no one, to aviod quarelling, to be gentle and to show every courtesy to everyone."

From the Holy Bible, we come to know that we should not slander anyone, nor quarrel. We are to be tolerant of one another. We do not harm others; we do not harbor any jealousy in our hearts.

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

"Rejoice with those who rejoice; mourn with those who mourn"

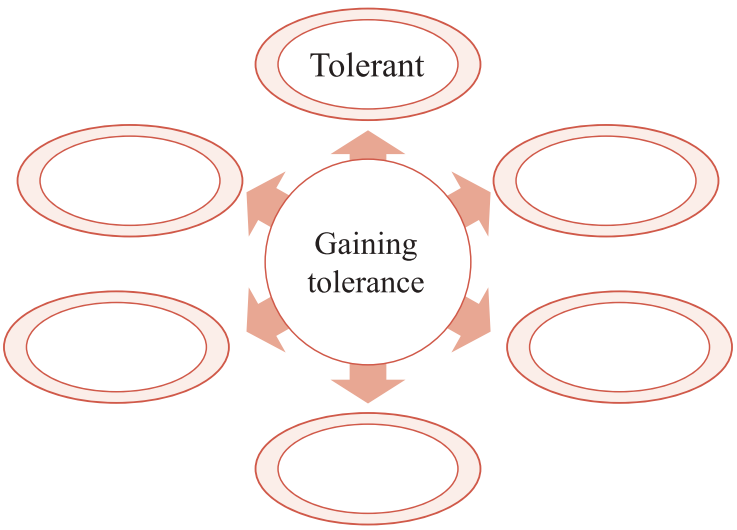
"Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble."

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

So, we see that the Bible teaches us to be tolerant of one another.

A. Write down on poster paper what you can do to prioritise the opinions of others.

B. Write in the blank boxes below the strategies you will adopt to achieve tolerance.



What we have learnt in this lesson-

- Sharing both happiness and sorrow with everyone

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Respecting each other's thoughts and ideas is called -

a. faith b. tolerance c. respect d. endurance

2. It is necessary to be polite with-

a. friends b. parents c. everyone d. the elders

3. The Bible ……. us to be tolerant.

a. teaches b. encourages c. inspires d. advises

B. Match the right column with the left.

Left column	Right column
a. In this world, one person is different from	a. my thoughts on others.
b. I will not impose	b. another.
c. All of you, be like-minded,	c. each other.
d. Forgive	d. be one mind.
	e. be sympathetic.

C. Write 'T' for true and 'F' for False for the following statements.

1. Weep with those who rejoice.
2. You are God's chosen people.
3. We do not despise other's religious festival.

D. Answer the following questions in brief.

1. How should we behave with others?
2. How can we participate in the festivals of other religions?

E. Answer the following questions in detail.

1. Mention what you can do to prioritise the opinions of others.
2. What can you do to achieve tolerance in respect of the Bible's instructions?

Lesson: 4

Practising Tolerance in One's Life

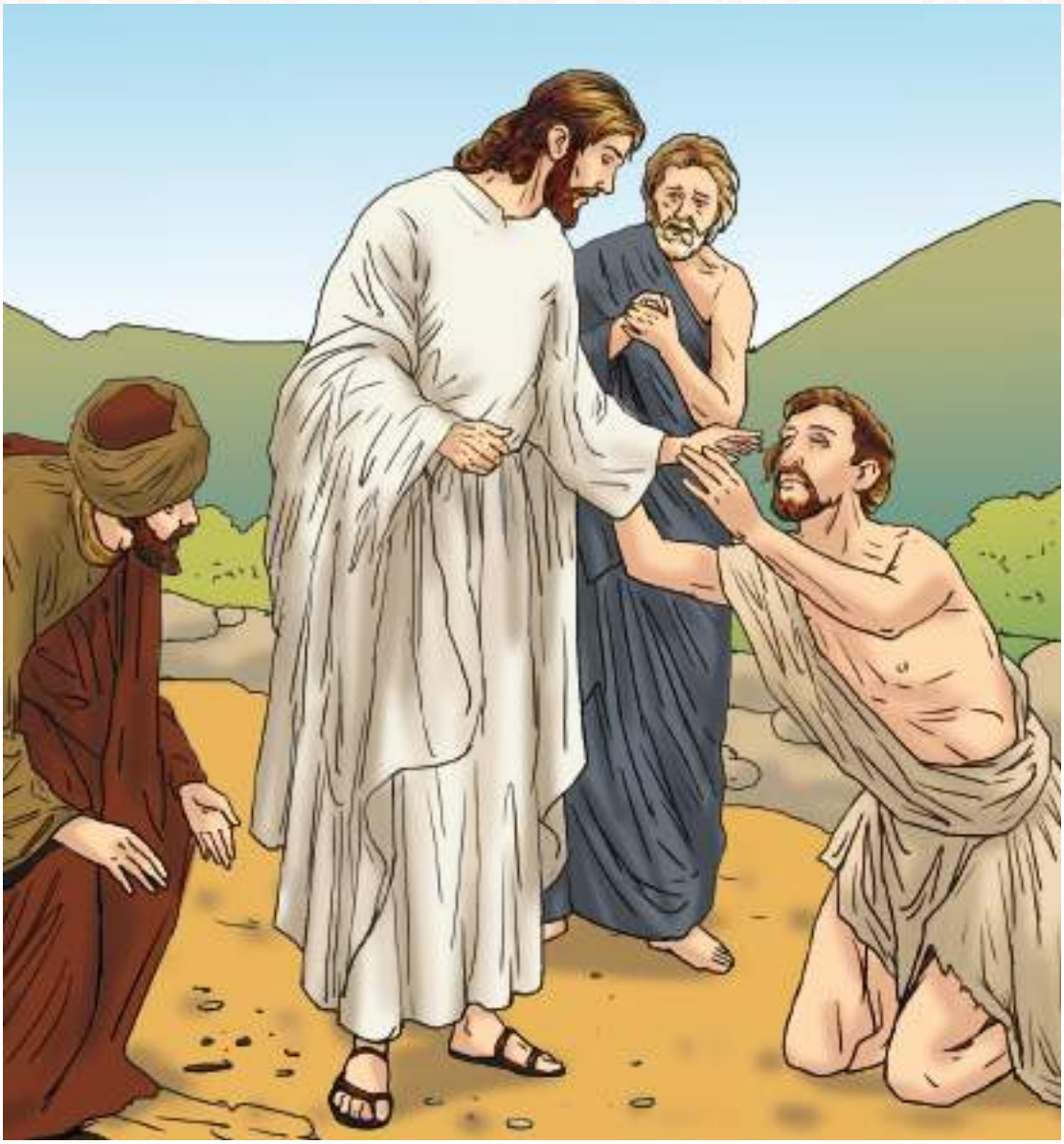
(Mark 10:46-52; 1 Samuel 24:1-7)

We have seen in the previous lesson that tolerance is absolutely necessary in daily life. Without tolerance, it is difficult to live peacefully in society as well as in the country.

In the current era of globalisation, tolerance is even more necessary. The less tolerance we have among us, the more isolated we will be from the world as a nation. Therefore, each of us needs to practise tolerance from our own position.

Jesus himself set an example of great tolerance. We see it in the Holy Bible. "Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (which means "son of Timaeus"), was sitting by the roadside begging. When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!" Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!" Jesus stopped and said, "Call him." So, they called on the blind man, "Cheer up! On your feet! He's calling you." Throwing his cloak aside, he jumped to his feet and came to Jesus. "What do you want me to do for you?" Jesus asked him. The blind man said, "Rabbi, I want to see." "Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road."

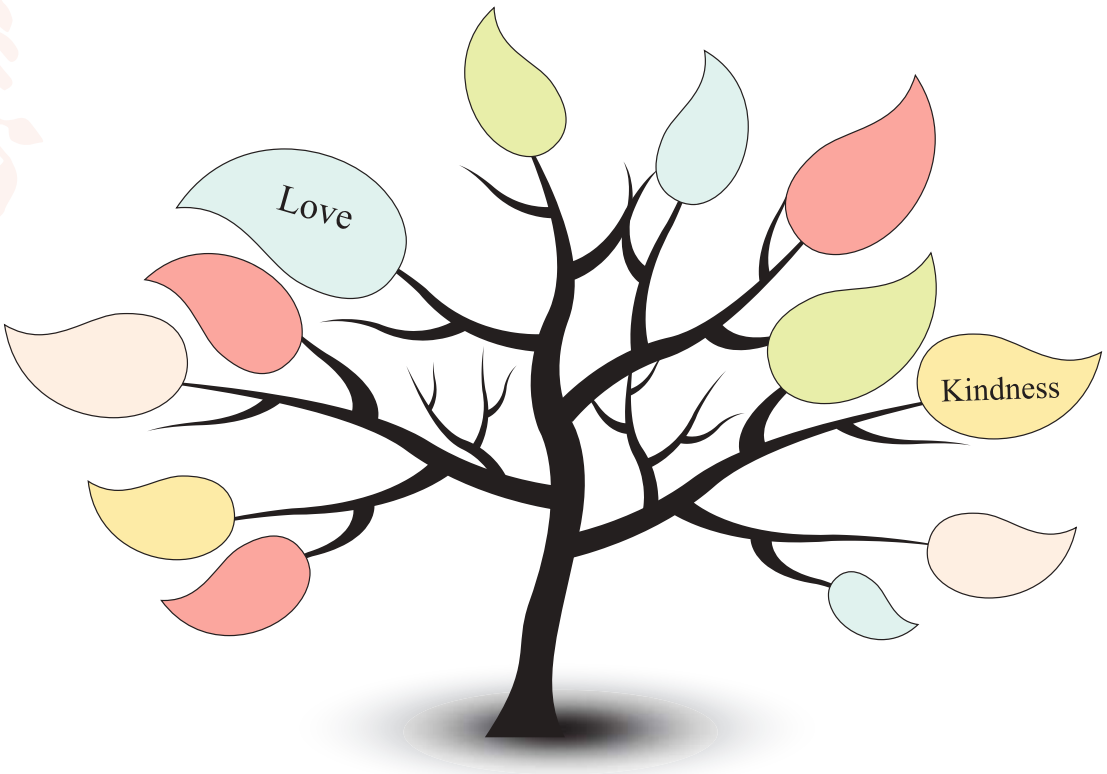
We see in this text that people did not let the blind man Bartimaeus come to Jesus. But Jesus drew him close and made him happy by listening to his words with importance. Tolerance means giving importance to everyone, without any negligence.



Giving sight to the blind Bartimaeus

In the Old Testament, we also see that David showed tolerance by not taking revenge on his enemy but by loving and forgiving him and treating him as one of his own, showing care, mercy and grace towards his enemy. Therefore, we should be tolerant towards everyone, whether they are friends or enemies, of our own religion or another or of our own culture or not.

A. Write down in the tree below what you can do to show tolerance as David showed to his enemies.



B. Organise a debate competition on the topic: "Practising tolerance is the only way to maintain peace and order."

What we have learnt in this lesson-

- Prioritizing the opinions of others
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. ------was begging by the roadside.

a. Lazarus b. Timoy c. Bartimaeus d. David

2. You are healed by your-

a. disbelief b. faith c. scream d. silence

3. Tolerance is to ------- everyone.

a. disturb b. neglect c. love d. give importance to

B. Write 'T' for true and 'F' for False for the following statements.

1. In the current era of globalisation, tolerance is absolutely necessary.
2. Jesus was a man of Jericho.
3. The blind man threw off his cloak and jumped up.

C. Fill in the blanks.

1. David showed …….. by not taking revenge on his enemy.
2. David showed tolerance by.....
3. Jesus himself set the example of great ……..

D. Answer the following questions in brief.

1. What is the real secret to living peacefully in society?
2. What did the blind Bartimaeus cry out?

E. Answer the following questions in detail.

1. Mention how you can show your tolerance towards the opinions of others.
2. What is important to do to maintain peace in your classroom?

Lesson: 5
Practising Tolerant Behaviour


Joint family

After birth, a child's education begins in the family. That is why the family is called the best school. The basic education acquired there is the foundation of all education in later life. The first and main school for the overall development of any child is the family where the parents are the teachers.

Children grow up in childhood by receiving love, affection, and care. At the same time, they develop human and moral qualities. This process of development continues throughout life. They learn to differentiate between good and evil and to be tolerant. From the family, children can feel whether their parents accept them, respect them, value their thoughts and expectations. From this realisation, their lives develop naturally.

Let us read a story

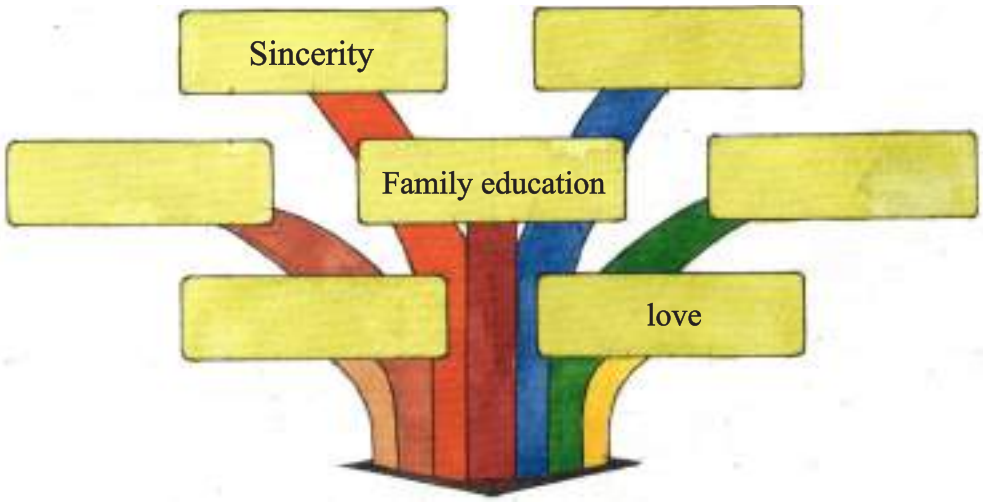
Sukti is a fifth-grade student. Tripti is her close friend. One day, after school, Sukti went to Tripti's house without telling her parents. When Sukti did not return in time, her parents became very worried. After much searching, they found out that Sukti was at her friend Tripti's house. Her parents brought Sukti home and gently explained to her that it was wrong for her to go to her friend's house without informing her parents. Sukti accepted her parents' tolerant behaviour and correction with a kind heart and told her parents, 'I have realised my mistake, for which I am sorry. I will never go anywhere without telling you ever.'

The Holy Bible says that even the child Jesus, after getting lost in the temple, accepted his mother's correction with a good heart. If we accept the tolerant behaviour of our parents or others with a good heart, then God the Father will also bless and love us abundantly.

Ways to practise tolerant behaviour

- We must respect and love others. We must recognise the rights and dignity of all as children of God.
- When someone does something good, you should encourage them, and when someone does something wrong, you should be kind and gentle with them.
- One should maintain a positive attitude rather than being aggressive towards the words or actions of others.
- You need to develop an attitude of forgiveness by admitting your mistakes for your behaviour.

A. 'Family is said to be the best school' - Write in the blank boxes below what you have learnt from your family.



B. Demonstrate a role play about tolerant behaviour in the family.

What we have learnt in this lesson-

- We will be tolerant towards others.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Family is called the-

a. place of love b. resting place c. best school d. happy place

2. The first teacher is-

a. paternal grandparents b. brothers and sisters

c. maternal grandparents d. parents

3. Children learn from the family-

a. good and bad b. mutual affection

c. thoughts and consciousness d. disrespect

B. Match the right column with the left.

Left column	Right column
1. If someone does a good deed,	1. as children of God.
2. Be kind and gentle	2. He accepted his mother's correction.
3. The rights and dignity of all should be recognised	3. he needs to be encouraged.
4. After Jesus got lost in the temple	4. develop naturally.
	5. even though someone makes a mistake.
	6. the development process continues.

C. Fill in the blanks.

1. The first and main school is----------.
2. One should maintain a --------- attitude to the words and actions of others.
3. It is always good to develop an attitude of forgiveness by admitting your ---------- for your behaviour.

D. Answer the following questions in brief.

1. How did Sukti's parents behave towards her?
2. How does a child grow in childhood?

E. Answer the following questions in detail.

1. How can you build your life according to the teachings of the story of Sukti?
2. Mention the ways to be tolerant towards others.

Lesson: 6

Ways to Maintain Harmony

(Romans 15:5-6, Colossians 3:13-16)



Religious harmony

Harmony is to live together in peace, regardless of race, religion, or caste. Respectful behaviour towards all religions is one of the ways to increase peace and harmony in the country. People of different religions celebrate festivals with joy and enthusiasm, maintaining harmony with each other. Besides, we can maintain harmony by working, studying, and playing together in school, the workplace, and other places, sharing each other's joys and sorrows. Let us see what the Holy Bible says about this:

"May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ."

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts."

From the above text, we have learnt the ways to maintain harmony. We will practise these ways in our personal, family, and social lives.

A. Write in the table below the ways you have learnt from today's lesson to maintain harmony.

1. Living together
2. Not to discriminate between rich and poor.
3.
4.
5.

B. Write a paragraph on how the neighbours keep harmony with your family in the light of the given picture.



Joy together

C. Let's divide into groups and hold each other's hands and sing together.

Song: "Bind us together Lord (2)..... " (Can also sing any other song like this)

What we have learnt in this lesson-

- We will be tolerant towards others.
-
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. To live together in peace is-

a. sympathy b. combination c. endurance d. harmony

2. Respectful behaviour towards all religions is one of the ……..to increase peace.

a. symptoms b. sources c. ways d. behaviours

3. The source of all assurance is-

a. God b. the teacher c. parents d. the preacher

B. Write 'T' for true and 'F' for False for the following statements.

1. Be patient with one another.
2. All devotion is the source of all jealousy.
3. Place love above everything.

C. Fill in the blanks.

1. Let the peace of Christ rule in your…….
2. Teach and……. one another with all wisdom.
3. We are not to……..between the rich and poor.

D. Answer the following questions in brief.

1. What do you understand by harmony?
2. Write what you can do to maintain harmony in your school.

E. Answer the following questions in detail.

1. Describe what you can do to maintain harmony with all religions.
2. Describe the ways you would adopt to maintain harmony in your daily life.

Lesson: 7

Outcomes of Harmony

(1 Peter 3:8-12, Ephesians 2:14-15, Matthew 5:9)

We have learnt the ways to maintain harmony in the previous lesson. In this lesson, we will learn about the outcomes of maintaining harmony. The first outcome of maintaining harmony is peace. The Father, the Son and the Holy Spirit are one God. There is unity among the three. And this unity is another outcome of harmony. Harmony means equal love. We accept the uniqueness of each person by valuing and recognising everyone equally. The Lord Jesus has also made us aware of the results of this harmony in His words. We see it in the Holy Bible - 'Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing. For "Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."



Harmony and unity

It is written in the scriptures, 'Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. Blessed are the peacemakers, for they will be called children of God.'

For Christ Himself is the bridge of peace between us, who has made both Jews and Gentiles one. He has broken down the dividing wall of hostility by sacrificing his body. He has abolished the rigid regulations of Moses, thus establishing peace.

A. Demonstrate a role play what you would do to maintain harmony in school.

B. Write the outcomes of harmony in the table below.

Peace
Joy

What we have learnt in this lesson-

- Showing respect to everyone
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. The first outcome of maintaining harmony is-

a. affection b. peace c. love d. sanctity

2. The Father, the Son, and the Holy Spirit has among them-

a. meeting b. love c. unity d. affection

3. Do not repay evil with evil or insult with-

a. cruelty b. injustice c. insult d. cruel behaviour

B. Match the right column with the left.

Left column	Right column
1. All of you, be	1. in retaliation for injustice.
2. Harmony means	2. made aware.
3. We accept the uniqueness of each person	3. like-minded.
	4. equal love.
	5. by valuing and recognising everyone equally.

C. Write 'T' for true and 'F' for False for the following statements.

1. Do not use harsh words in reply of harsh words.
2. Blessed are those who do not make peace.
3. Christ Himself is the bond of our peace.

D. Answer the following questions in brief.

1. What can you do to have a happy life?
2. How was peace established by abolishing Mosaic Law?

E. Answer the following questions in detail.

1. Mention the things you can do to have a happy and beautiful life.
2. Describe how the outcomes of peace can be made effective in your school.

Lesson: 8

Practising Harmony in Social Life

(John 14:27)

The state of mutual amity, cooperation, respect and understanding among each other in society is called social harmony. To maintain harmony in social life, we can practise some significant things such as- mutual respect, equality, tolerance, acceptance, communication and dialogue, trust and respect, sympathy and compassion, etc.



A child's love for a child

There are various sayings about social harmony in the light of the Holy Bible. To maintain peace and order in social life, Saint Paul says, 'Have kindly affection one for another with brotherly love, in honor preferring one another' The Lord Jesus himself said, 'Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.'

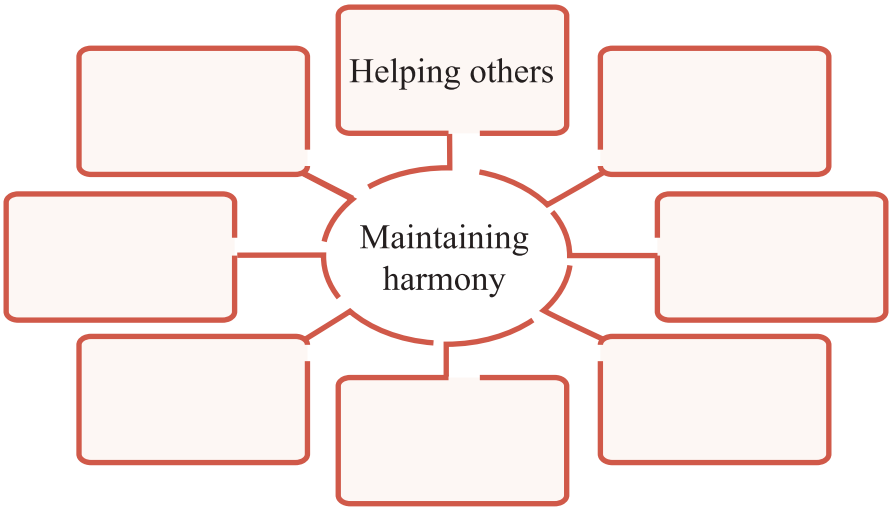
Let us read a story

Milton and Dennis go to school and play sports together every day. Both of them have a very good family. They take a very good tiffin every day. On the other hand, their classmate Debashis' financial condition is not so good. He never brings tiffin from home. Milton has been noticing that Debashis is in a bad mood for several days. So he says to Dennis, 'Let's talk to Debashis and see why he looks disturbed.' By talking to Debashis, they can find out the reason for his bad mood. So they decide to share their tiffin with Debashis. Debashis feels embarrassed. Then he opens up about the family conditon and says that his mother is not well and they have no money for treatment, so he is upset. Milton and Dennis talk with and console Debashis. Then they share tiffin and eat. Milton and Dennis discuss with others in the class and collect money for Debashis' mother's treatment. Debashis is not ready to accept it. Later, everyone

explains to him, saying, 'You are our friend. And friends can help a friend.' Debashis' eyes are filled with gratitude and he thanks everyone.

In the above story, the students maintained harmony with each other. We too should maintain harmony in our social life.

A. Write in the blank boxes below what you will do to maintain harmony in your life.



B. Demonstrate a role play emphasising the fact that children help, love, feel, accept and value children equally.

What we have learnt in this lesson-

- Standing by others in times of danger
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. 'Have kindly affection one for another with brotherly love' said by-

a. Paul b. Peter c. Jacob d. John

2. Debashis' financial condition was-

a. well off b. poor c. rich d. middle class

3. Debashis did not want to take help from his friends-

a. in fear b. in humiliation c. for shyness d. in pride

B. Match the right column with the left.

Left column	Right column
1. Do not harm anyone	1. is called social bond.
2. Let not your hearts	2. in return for injustice.
3. Mutual help and honour are counted as	3. be troubled or afraid.
	4. the harmony of society.

C. Fill in the blanks.

1. I am giving you my own……..
2. Your……..should not be upset.
3. Be…..to each other.

D. Answer the following questions in brief.

1. In light of what teachings did Milton and Dennis help their friend?
2. What can you do to maintain harmony in your school?

E. Answer the following questions in detail.

1. Explain why it is necessary to maintain harmony in society.
2. In the light of what teaching did the classmates help Debashish?



CHAPTER

4

Chapter: Four

Sacraments and Religious Values

Sacraments are the external signs of receiving divine grace. Jesus Christ Himself instituted the sacraments so that every faithful can receive divine life through them. The faith in Christ is the pre-condition for receiving the sacraments. The sacraments make Christian faith alive, strong, and firm.

By receiving sacraments, the faithful receive the divine grace of Jesus Christ. The sacramental grace refers to the special divine gift which the Holy Spirit gives according to the nature of each sacrament. It is through the merit of death of Christ on the cross we receive grace. The grace of the sacraments sanctifies our soul. Through religious rituals, the Christians practise their faith. Religious values keep faith awakened, and strong.



The symbol of seven sacraments

Lesson: 1

Baptism

(John 3:5, Matthew 28:19)

Baptism, conducted by water, is the sacrament of new life through which we embrace Christ. It is the foundation of Christian life, the gateway to the living with the Holy Spirit and the path to the other sacraments. Through baptism, we get forgiveness from the original sin and participate in Christ's mission.





Baptism

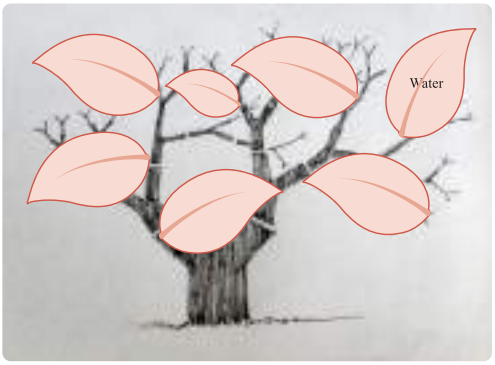
Immersion in water symbolises the recipient's burial in the death of Christ. This death makes him a new creation by uniting him with Christ in His resurrection. The believers in Christ are born anew through baptism. We enter in the Church through this sacrament.

Due to baptism, all the believers in Christ get relieved from their original sin. They receive forgiveness from all their sins. They also receive divine grace by being part of the Holy Trinity. They get united with Christ and the community of the faithful. By virtue of baptism, they become united in the communion of the Church by being partakers of the priesthood of Christ. They receive the gifts of the Holy Spirit by being adorned with the three divine virtues - faith, hope, and love. Through baptism, a person is identified with the divine virtues. At baptism, the external symbols namely the Bible, water, oil, white-cloth, candle, and prayer book are used.

Jesus said, 'Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit.' Jesus also said to His disciples, 'Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit.' and teaching them to obey everything I have commanded you.

A. Mention in the tree beside what external materials are used at baptism/in the initiation.

B. Write what you have learnt from your parents about Baptism/ Initiation.



1. _____
2. _____
3. _____
4. _____

What we have learnt in this lesson-

- At baptism/Initiation, we get forgiveness from the original sin.
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Through which sacrament, we embrace Christ?

a. Baptism b. Eucharist c. Confirmation d. Reconciliation

2. Who said,"No one can enter the kingdom of God unless they are born of water and the Spirit"?

a. John the Baptist b. Jesus Christ c. Holy Spirit d. God

3. Due to baptism, all the faithful get relieved from the –

a. venial sin b. mortal sin c. original sin d. serious sin

4. By virtue of baptism, our soul-

a. is destroyed b. becomes unfaithful

c. is driven in the wrong way d. is sanctified

B. Match the right column with the left.

Left column	Right column
1. Baptize them	1. practices faith.
2. Sacraments are	2. awakened and strong.
3. Religious values keep faith	3. the pre-condition for receiving the sacraments.
4. The faith in Christ is	4. in the name of the Father and the Son and the Holy Spirit.
	5. get relieved from the original sin.
	6. the external signs of receiving divine grace.

C. Fill in the blanks.

1. The believers in Christ are born newly through _____.
2. Jesus Christ Himself instituted the _____.
3. The grace of the sacrament sanctifies our _____.
4. “Go therefore and make _____ of all nations.”

D. Answer the following questions in brief.

1. Why is the baptism necessary to enter the Church?
2. What did Jesus say about entering the Kingdom of God?
3. How will you prepare yourself to receive the Eucharist?

E. Answer the following questions in detail.

1. Describe the benefits of receiving the baptism.
2. Mention what you have learnt about the baptism.

Lesson: 2

The Eucharist

(Matthew 26: 26-29)

The Eucharist/The Lord's Supper is an important celebration which Jesus celebrated on the previous night of his death. In this celebration we remember the Lord's death and resurrection and his glorious second coming in the future.

While they were eating, Jesus took bread. Then giving thanks to the Lord, He broke it. Then He gave it to His disciples, saying, "Take and eat; this is my body." Then He took a cup and gave thanks to the Lord. Then He gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you, I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."



Jesus' Last Supper

The Eucharist is a remembrance of Jesus' Last supper and His sacrifice on the Cross. Christ is present at every Eucharist. In the glory of Christ's death and resurrection, we receive salvation and new life, and become united with Him. When we receive Christ's body and blood in the form of the communion, we all personally become united with Christ. When we receive the bread together, that is the body of Christ, we all become united with one another spiritually. Therefore, in receiving the communion the Church becomes the spiritual body of Christ. Some Churches consider the bread and wine of the Lord's supper as the symbol of body and blood of Christ. It is necessary to participate in the Eucharist in a holy manner. Christ sanctifies us with His body and blood.

A. Draw the picture of the Chalice/Last Supper in your notebook.

B. Write in the light of the text what divine graces can be obtained through the Eucharist/The Lord's supper.

1. We are spiritually connected.
2. _____
3. _____
4. _____

What we have learnt in this lesson-

- Divine graces can be obtained by receiving the communion.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. How can we participate in the Eucharist ceremony?

a. in a holy manner
b. in an unholy manner
c. in a violent manner
d. in a sinful heart

2. Whose presence is more important at the Holy Eucharist?

a. Holy Spirit
b. Jesus Christ
c. the priest
d. the people

3. Jesus took the bread and gave thanks to-

a. the disciples
b. to the host
c. the Lord
d. the householder

B. Write 'T' for true and 'F' for False for the following statements.

1. The bread and wine at the Eucharist/Lord's supper symbolize the body and blood of Jesus Christ.
2. Baptism reminds the death and resurrection of the Lord.
3. The Eucharist is Jesus' Last Supper.

C. Fill in the blanks.

1. At the Eucharist, we receive the body and blood of ----------.
2. Christ _____ us with His body and blood.
3. Jesus took _____ in his hand.

D. Answer the following questions in brief.

1. How can we connect with Jesus?
2. What should you do to receive the Eucharist?

E. Answer the following questions in detail.

1. Mention the divine graces that can be obtained by attending the Eucharist.
2. Write about the event of Jesus' Last Supper.

Lesson: 3

Marriage and Ordination

(Mark 10:2-9, 1 Peter 2:9)

Marriage and ordination are two sacraments. In Christian tradition, a man and a woman receive Christ in spirit and body and live together according the Church's rules. This is called marriage. Loving each other and surrendering oneself to each other is called the sacrament of marriage.

In the beginning, at the time of creation, God created human being as male and female. That is why man leaves his parents and forms a new holy family."Therefore what God has joined together, let no one separate"



Marriage and Ordination

Early in His public life, Jesus attended a family wedding. The Church gives a special importance to the event in the city of Cana where He accepted the invitation to the wedding. The Church considers this event to be an auspicious sign of marriage; therefore, the sacrament of marriage is an effective sign of Christ's presence.

Now, we will learn about the Ordination. Christ Himself is the high priest. He is the mediator between God and man. Jesus Himself appointed twelve apostles out of His disciples. He sent them out to proclaim the gospel. The successors of the Apostles are Bishops. He ordains them as His colleagues. The priests' special responsibility is to preach the gospel and administer various sacraments.

You are a chosen generation, a royal priest society, a holy nation and God's own people. You are chosen out of darkness into His marvelous light so that you may proclaim the goodness of the Lord.

A. Write a list on poster paper of the roles that the priests/pastors play in the Church.

1. He administers the sacrament.
2. _____
3. _____
4. _____

B. Write a paragraph about a wedding you have witnessed.

1.
2.
3.
4.

What we have learnt in this lesson-

- What God has joined together, no one can separate.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Jesus appointed ----as his disciples.

a. 10 people b. 11 people c. 12 people d. 13 people

2. The successors of the apostles are-

a. Pope b. Bishops c. Priest/father d. Brother

3. Man leaves his parents and forms a-

a. home b. holy family c. institution d. synagogue

B. Match the right column with the left.

Left column	Right column
1. Marriage and ordination are	1. at Cana.
2. Jesus attended a family wedding	2. to preach the gospel and administer various sacraments.
3. The priests' special responsibility is	3. effective sign of Christ's presence.
4. The sacrament of marriage is an	4. two sacraments.
	5. to ordain.

C. Fill in the blanks.

1. Surrendering oneself to each other is called the sacrament of _____.
2. At the time of creation, God _____ human being as male and female.
3. What God has joined together, let no one can _____.

D. Answer the following questions in brief.

1. Why did Jesus attend the wedding feast?
2. Why is Jesus called the mediator between God and man?

E. Answer the following questions in detail.

1. Mention the roles that priests play in the Church.
2. Describe the sacrament of marriage.

Lesson: 4

Significance of Baptism

(Colossians 2:12, Acts 2:38)

"For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead."



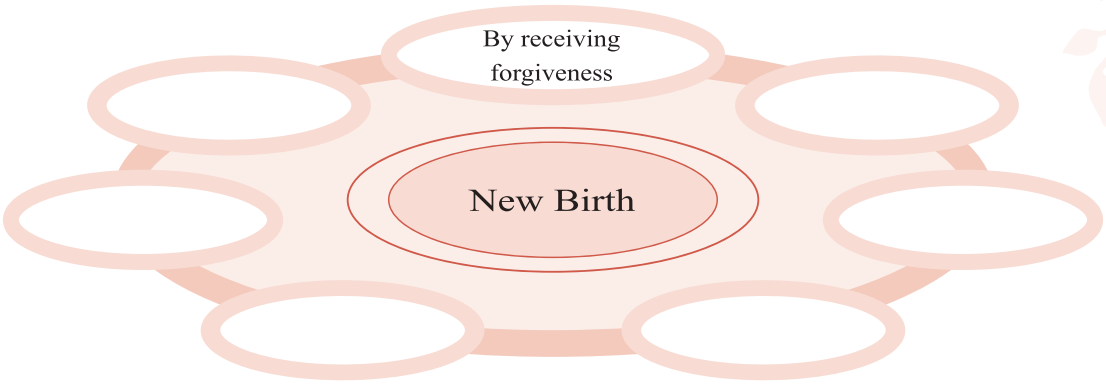
Baptism of Jesus

In baptism, the stain or original sin is washed away, all sins committed are forgiven, and we become children of God and members of the Church. We become brothers and sisters to one another. Receiving the sacrament of baptism is the beginning of a new life, and this new life is a gift of God. We must try to make that life a success. If we remain faithful to Christ inspired by faith, hope and love, then the divine grace we received at baptism remains active and keeps growing. Therefore, the sacrament of baptism is fulfilled in our attaining the holiness to which we have been called. This holiness gradually becomes manifest within our heart .

To prepare the way for the coming of Jesus Christ, John the Baptist preached the baptism that would transform the heart of the people. He introduced Jesus to everyone as the 'Lamb of God, who takes away the sins of the world.' Jesus was baptized by John in the Jordan River. The one, who was crucified for the salvation of the world, Jesus Himself, in union with the Holy Spirit, instituted the sacrament of baptism so that all people may enter the kingdom of God by being 'born again of water and the inspiration of the Holy Spirit.'

On the day of Pentecost at Jerusalem, Peter got up and said to the people "Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins and you will receive the gift of the Holy Spirit."

A. Mention in the blank boxes below how you can be reborn.



B. In the light of the text, write in the table below what John the Baptist preached about baptism.

John the Baptist
1. Transformation of mind

What we have learnt in this lesson-

- To be born again in the Christian life through baptism
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Through the baptism, we become children of –

a. Father b. mother c. God d. relative

2. At whose hand Jesus was baptised?

a. John the Baptist b. the priest c. servant d. Jacob

3. The apostle Peter addressed the people at Pentecost –

a. in Bethlehem b. in Jerusalem c. In Jericho city d. in Palestine

B. Fill in the blanks.

1. Jesus Himself in union with the _____ instituted the sacrament of baptism.
2. The mighty power of God, who _____ Christ from the dead.
3. For receiving the forgiveness, be baptized in the name of _____ .

C. Write 'T' for true and 'F' for False for the following statements.

1. Jesus was baptized in the Jordan River.
2. John the Baptist is the Lamb of God.
3. One cannot be reborn through baptism.

D. Answer the following questions in brief.

1. What did the apostle Peter say to the people at Pentecost?
2. Why did Jesus Christ institute the sacrament of baptism?

E. Answer the following questions in detail.

1. How can one be reborn through the sacrament of baptism?
2. Describe the event of Jesus' baptism.

Lesson: 5

Significance of the Eucharist

(1 Corinthians 11: 23-26)



Bread and wine

By participahing in the Eucharist/ Lord's supper, we receive God's grace and blessing. Through this, we become powerful servants of the Church.

In the Holy Bible, St. Paul said, 'For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper He took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes.'

The Eucharist is the remembrance of the Last Supper of Jesus and His sacrifice on the cross. When we receive the body and blood of Christ in the form of the Communion, we each of us then become united with Christ. Jesus is the bread of life. Whoever eats this bread has eternal life. For this reason we receive this bread with a pure heart. Jesus is uniquely present in the communion. He is present in the Eucharist with his body and blood, soul and divinity. Christ Himself is fully present in his human and divine nature. As believers of Christ, we also fully believe and accept it. Therefore, Christians of all over the world participate seriously at the Eucharist/Lord's supper.

A. Mention in the box below, what you should do to participate in the Eucharist/Lord's Supper.

Receiving this bread with a pure heart.

B. Let us all sing the following song together.

"Take and Receive, O Lord my liberty."

What we have learnt in this lesson-

- One must participate in the Eucharist/Lord's supper with a devoted heart.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. By receiving the Eucharist, we-

a. become strong
b. become weak
c. become a servant of the Church
d. become member

2. What did Jesus compare the cup to?

a. blood of Jesus
b. the body of Jesus
c. water
d. fruit juice

3. He who eats the bread of the Eucharist/Lord's supper-

a. is satisfied
b. is forgiven from sins
c. gets eternal life
d. satisfies the appetite

B. Match the right column with the left.

Left column	Right column
1. Jesus is the	1. receive God's grace and blessing.
2. With a pure heart, we	2. we celebrate.
3. By participating in the Eucharist/ Lord's supper, we	3. bread of life.
	4. receive this bread.

C. Fill in the blanks.

1. Jesus said, "This cup is the new _____ in my blood."
2. Jesus is uniquely _____ in the communion.
3. Do this in _____ of me.

D. Answer the following questions in brief.

1. Write about the human nature and divine nature of Jesus.
2. How can you be a powerful servant of the Church?

E. Answer the following questions in detail.

1. How will you prepare yourself to participate in the Eucharist/Lord's supper?
2. Describe the teaching of the Eucharist/Lord's supper.

Lesson: 6

The Eucharist in Real Life

(Acts 2: 42-47)

The Sunday worship, the Lord's day, and the Eucharist on that day is the centre of one's life in the Church. Sunday is the day on which Paschal Mystery is celebrated according to apostolic tradition and is observed as a Holy Day in the universal Church.

The Holy Bible states, 'They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who was in need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.'



Participating in the Eucharist together

As believers of Christ, we receive the Eucharist. By receiving the sacrament, we become united with Christ and other believers of Christ. Through this, we receive God's special grace and blessings. Our lives become new. Being strengthened by the power of the Lord, we become powerful preachers of the Word and we are able to reveal Christ to everyone.

A. Write in the table below how Christians lived in the early Church.

They prayed together.

B. Write down the benefits of living together in the table below.

1.
2.
3.
4.

What we have learnt in this lesson-

- The Eucharist makes us spiritually strong.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. It is observed as a Holy Day in the Church on-

a. Monday b. Tuesday c. Sunday d. Saturday

2. All Christians were-

a. united b. jealous c. sociable d. engaged in conflict

3. Christians would sell their possessions and deposit them with- -

a. the apostles b. the scribes c. the pharisees d. themselves

B. Fill in the blanks.

1. As believers of Christ, we receive _____.
2. All the believers were together and had everything in _____.
3. Being _____ by the power of the Lord, we preach the Word.

C. Write 'T' for true and 'F' for False for the following statements.

1. Not everyone devoted themselves to the apostles' teaching.
2. The Christian believers would go to the temple together with one accord.
3. By receiving the sacrament, we become united with Christ and other believers.

D. Answer the following questions in brief.

1. Why is it important as Christians to participate at the Eucharist?
2. How will you apply Christ's teachings in your life?

E. Answer the following questions in detail.

1. Write in five sentences how the early Christians lived their lives.
2. Write the benefits of being together in the classroom.

Lesson: 7

Significance of the Sacraments



Sacraments

The sacraments are signs of human salvation given to the Church by Jesus Christ. Through the sacraments, Jesus remains present with His believers. By the sacrament of Baptism, we become a part of the Church of Jesus Christ at the beginning of Christian life. By the sacrament of Confirmation, the baptized persons receive the gift of the Holy Spirit and become strong and blessed. By the sacrament of Eucharist, the faithful become partakers of the life of their Lord and form a community of communion. By the sacrament of Reconciliation, people receive forgiveness and become united with God and the Church. By the sacrament of Anointing of the Sick, the sick get strength and consolation in body and mind. By the sacrament of Ordination, deacons, priests and bishops are appointed to a special service to the faithful. By the sacrament of Matrimony, couples express their oath of love and fidelity to each other. The union that develops between them becomes a sign of the union of the followers of Christ. God Himself gives the sacraments through the priests and pastors. Therefore, what is accomplished through the sacraments is real and lawful. Through the sacraments, everyone receives the divine grace, the grace of God Himself. Therefore, the sacraments are very important for the lives of Christian believers.

A. Write a list on poster paper of the divine graces that can be received through the sacraments.

B. Demonstrate a role play showing the procedure for conferring any one of the sacraments.

What we have learnt in this lesson-

- God's blessing can be received through the sacraments.
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. How is Jesus present with His followers?

a. prayer b. sacraments c. fasting d. charity

2. In which sacrament do we receive the Holy Spirit?

a. Baptism b. Reconciliation c. Eucharist d. Confirmation

3. By the sacrament of Anointing of the Sick, the sick people-

a. become weak

b. get strength and consolation in body and mind

c. move towards death

d. there is no change

B. Match the right column with the left.

Left column	Right column
1. What is accomplished through the sacraments	1. receives the divine grace.
2. Through the sacraments, everyone	2. become holy.
3. The sacraments are	3. is real and lawful.
	4. signs of human salvation.

C. Fill in the blanks.

1. By the sacrament of Matrimony, couples express their _____ of love and fidelity to each other.

2. By the sacrament of Ordination, priests are appointed to a special _____ to the faithful.

3. By the sacrament of Baptism, we become a part of the _____of Jesus Christ at the beginning of Christian life.

D. Answer the following questions in brief.

1. Why is a pastor/priest needed to confer the sacrament?
2. Why are the sacraments important to us?
3. Why are the sacraments real and lawful?

E. Answer the following questions in detail.

1. What are the divine graces we receive through the sacraments?
2. The sacraments are very important for Christian believers. Explain.

Lesson: 8

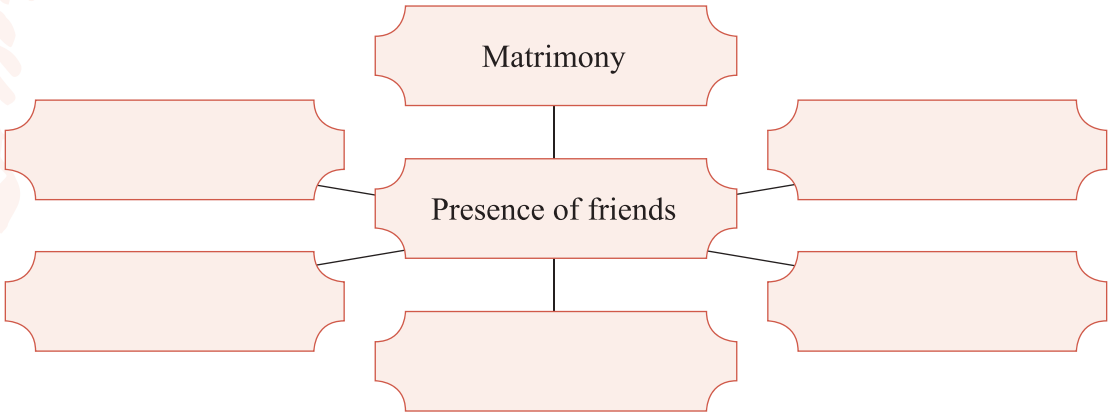
Sacraments and Social Harmony



Sacrament and Social Harmony

Wherever the good news is preached, there local Churches are formed by the believers in Christ. The members of that Church are connected with the Lord, as the branches are connected with the vine. Christ works through His Church in union with them. The good works that the church does are the repetitions of Christ's redemptive works. Those good works are the seven sacraments. Christ wants His believers to make His presence manifest to all men and to carry out the sacraments together with them. Thus, it will reveal that God loves all. He wants all people to be saved. The Church of Christ is the symbol of love and the presence of the invisible God. That is why it is called the sacrament of 'human salvation'. Through the Church, the sacraments are given to the believers in Christ. In this world, man cannot live alone separated from family and society. If we follow these rules, a bond of happiness and peace will be established in society. We live in a society. Society is the first place of our journey in life. Beside our relatives, we invite friends in our religious and social ceremonies. In this way, social harmony is established. Sacraments play a vital role in building a Christian society. Each sacrament is performed in the presence of the people. The more social relation and behaviour of an individual develops, the more the society will be peaceful and harmonious. A bond of harmony will be established among all people.

A. Write down in the blank boxes which sacraments were performed in the presence of your friends.



B. Write in the table below the role of sacraments for establishing social harmony.

What we have learnt in this lesson-

- Sacraments promote social harmony.
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. God wants that everyone attains-

a. money b. wealth c. house and vehicle d. salvation

2. Sacraments -------social harmony.

a. decrease b. promote c. not play any role d. remain the same

3. The more social relations and behaviour of an individual develop, the more the society will –

a. move for destruction b. happen nothing

c. be peaceful and harmonious d. be unrest

B. Match the right column with the left.

Left column	Right column
1. The Church of Christ is	1. are given to the believers in Christ.
2. Through the church, the sacraments	2. journey in life.
3. Society is the first place of our	3. the symbol of the presence of the invisible God.
	4. the base of social development.

C. Write 'T' for true and 'F' for False for the following statements.

1. The Church formed by the believers are connected with the Lord.
2. Sacraments do not play a vital role in building a Christian society.
3. Man cannot live alone.

D. Answer the following questions in brief.

1. How does the social harmony develop?
2. What is the main way to maintain peace and order in society?

E. Answer the following questions in detail.

1. Describe how sacramental teachings will be implemented in schools.
2. What role do you think the religious sacraments play in maintaining social harmony?

Lesson: 9

Living the Sacramental Faith

(John 1:16–17)

'Truly, we have all received grace and mercy by His fullness. The law was given through Moses, but grace and truth came through Jesus Christ.' And thus, the Lord Jesus instituted seven sacraments of the New Testament such as Baptism, Confirmation (laying on hands of blessings), Lord's supper/ Eucharist, Reconciliation, the Anointing of the Sick, Ordination and Marriage. The ordinances or sacraments are the divine, tangible and effective signs of the grace instituted by Christ. Jesus Christ entrusted them to His Church so that through them divine life might be given to us. These seven sacraments touch upon important moments in all stages of the lives of Christians.



Christians at prayer

The Christian devotees are entrusted with a special responsibility for the birth, growth, and healing of religious life. Therefore, it is seen that there is a special similarity in stages of natural life and spiritual life. The Christian Church performs the sacraments, becomes God's own people and speaks about the salvation of mankind. Sacraments are the signs of effective divine grace. In this way, we become children of God.

The Church does not abolish the signs of social life but purifies them and owns the sacraments. The faithful live a sacramental life in the presence of Christ.

A. Let us sing the following song or any other hymn of sacraments:

"We, the little children, go to Jesus.
All know Jesus loves us dearly.
We worship Jesus as sacraments.
We have faith in Jesus as sacraments tell."

B. Write on a poster paper how you will exercise the teachings of the sacraments in your daily life.

What we have learnt in this lesson-

- Jesus is present in the sacraments.
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. How many sacraments of the New Testament did Lord Jesus institute?

a. 5 b. 6 c. 7 d. 8

2. Who remains present in the Eucharist/Lord's supper?

a. Jesus b. priest c. people d. servant

3. Who do we become by receiving sacraments-

a. parents' children b. God's children

c. Abraham's children d. God parent's children

B. Write 'T' for true and 'F' for False for the following statements.

1. Sacraments play an important role in our lives.
2. One cannot become God's own person by receiving sacraments.
3. Lord Jesus always loves us.

C. Fill in the blanks.

1. Sacraments are the signs of effective----------.
2. There is a special -------- in the stages of natural life and spiritual life.
3. The faithful live a---------- life in the presence of Christ.

D. Answer the following questions in brief.

1. Write the names of the sacraments.
2. How do we receive God's blessings through the sacraments?

D. Answer the following questions in detail.

1. Why are the seven sacraments important in the life of Christians?
2. How will you reflect the teachings of the sacraments in your life?



CHAPTER

5

Chapter: Five

God's Earth: Our Home



Our Home

As worshippers of beauty, human beings are naturally attracted to what is good and beautiful. Realising this, God created the earth, our home, for human use and enjoyment. As the food of human beings, He created domestic animals, fruit trees, herbs, fire, and water creatures. For mental satisfaction, He created mountains and hills, beautiful animals living on land and in water, visible planets, and colourful animals. He also created many medicinal plants to cure diseases. At the same time, He gave the human beings the responsibility of supervising and nurturing all of these to maintain the natural balance. But people sinned by eating the forbidden fruit. And because of this sinful act, humans became arbitrary and selfish and started behaving cruelly with nature. As a result, this beautiful world is facing disasters day by day. Today, not only is nature being damaged, but also we are victims of the revenge of nature. So, if human society is not aware of and does not fulfil its responsibilities right now, each one of us will be a victim of extreme circumstances. So, we must be self-controlled and obedient to God. We will be aware of the care and maintenance of this world's nature by fulfiling the responsibility given to us by Him. Only then will the world nature be saved, we too will be able to live happily on this earth.

Lesson: 1

The Earth: Our Home

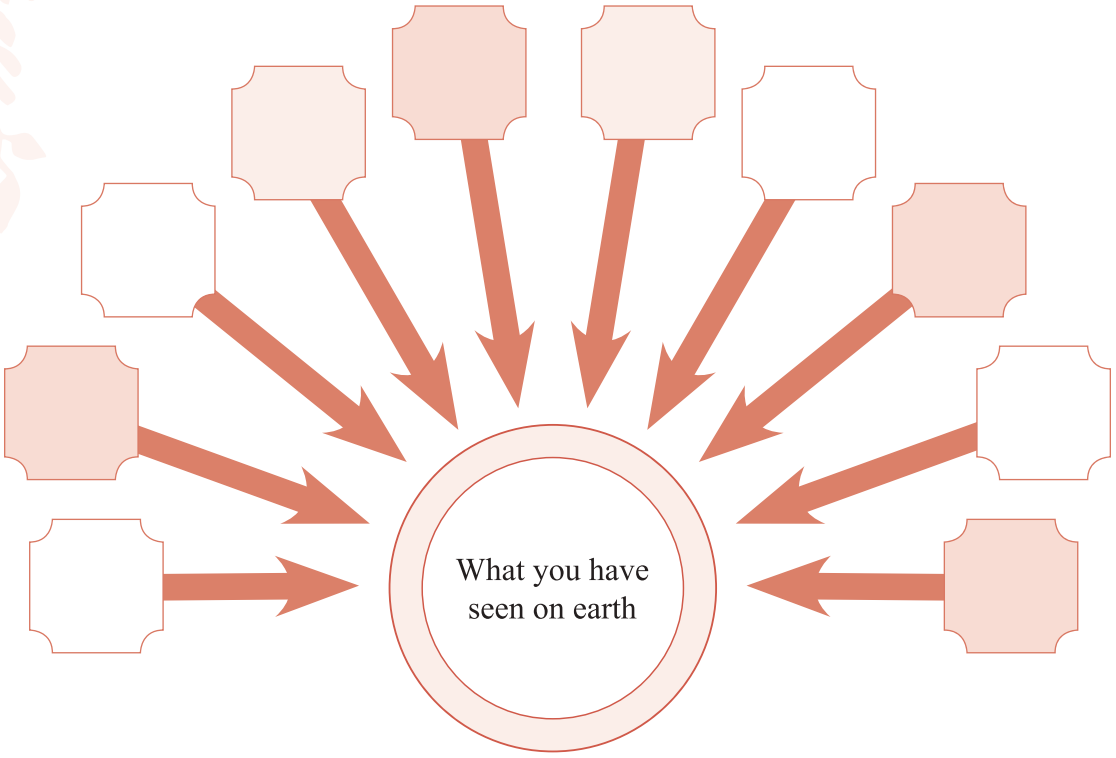
(Psalms 65:9-13, Genesis 1:28-30)

God's earth is our home. Just as our parents provide us with land, beautiful houses, clothes, and food, so God created the world before man. He has created plants, mountains, light, air, animals and birds, rivers, crops and medicines to cure diseases. He created all of these out of love for us. Every creature on earth is essential for us, directly or indirectly, for living beautifully, because God did not create anything unnecessarily. The water, the air, the fruits, the vegetables, the crops, the fish and the meat that we eat and live with are His gifts. The sunshine and the water of the sea, created by Him, help to grow the fruits of the trees, the vegetables and the crops of the field. The mountains, the waterfalls, the stars in the sky, the colourful fishes and aquatic animals of the sea give us mental satisfaction. Again, by using some of the elements of this creation, people decorate their environment to make it more liveable such as houses, schools, colleges, entertainment centres and vehicles, etc. Truly, our God is a great and loving Father!



The world nature

A. Write down in the blank boxes what you have seen by observing all of God's creations around the classroom.



B. Write a paragraph on the benefits of the tree created by God.

What we have learnt in this lesson-

- Praising and thanking God for His creations
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. What did God create for people out of love?

a. earth b. the angel c. house d. heaven

2. To cure disease, God created-

a. fruit b. trees c. a special animal d. medicine

3. How can you make the habitat more beautiful?

a. using the created object b. cutting down trees

c. not building houses d. depending on the nature

B. Match the right column with the left.

Left column	Right column
1. The earth created by God is	1. beautiful houses.
2. Our parents provide us with	2. husband.
3. Mountains and waterfalls give us	3. great and loving Father.
4. Truly, God is a	4. mental satisfaction.
	5. gives pleasure.
	6. our home.

C. Write 'T' for true and 'F' for False for the following statements.

1. The entertainment centres make the environment more liveable.

2. The colourful fishes and aquatic animals of the sea give us mental satisfaction.

3. The world was created through evolution.

D. Answer the following questions in brief.

1. Give some examples of what your parents do for you.

2. Why did God create other creations first before man?

E. Answer the following questions in detail.

1. How can you make your home more beautiful?

2. How do all creations benefit us directly or indirectly?

Lesson: 2

Preservation of Natural Habitat

(Genesis 1:28-30)

We have already learnt that everything in the natural world has been created by Almighty God. Every element of this world and its environment is very important for sustaining life. A clean and tidy environment is necessary for a healthy and happy life. For this reason, God has given responsibility to human beings as His representatives over the habitat, the earth. We all have to be friendly to nature and environment. To keep our habitat beautiful and habitable, we should care of and nurture all of His creations.



Road renovation is going on

The mind remains cheerful in a pleasant environment. When the surroundings of our home are clean and tidy, it makes us feel good, and when we feel good, our health also improves. If the classrooms and school premises are clean and pleasant, students become more eager to attend classes, and can concentrate better on their studies. Similarly, if the earth, our habitat is beautiful and there is a balance between living beings and plants, we can live in peace and safety. For this reason, it is the responsibility of every individual to take care of the environment from their own position. If a big tree is cut down, it is necessary to plant a few more trees in return.

Instead of destroying the fauna just for the sake of consumption, it is necessary to ensure the spread of several more animals in place of one. Ponds, water bodies, rivers and canals need to be cleaned and renovated. The environment should never be polluted. If there is any polythene, nut shells, or chip packets lying around the house or school, they should be collected and placed in a dustbin or a designated trash areas. It is better to bury waste and feces in the ground rather than throwing them in ponds or rivers. We will be careful to maintain the balance of all the creatures of our habitat. Otherwise, one day we will face a great catastrophe.

A. Write in the table below the things you do to take care of your habitat.

- Throwing garbage in a trash zone

B. Write in the table below the things you can do to keep your own environment, school, home clean.

- Arranging the house

What we have learnt in this lesson-

- Caring for and nurturing our home, the earth
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Whom has God given the responsibility to represent the earth?

a. to the angel b. to the people c. to the priest d. no one

2. What will you do to maintain a pleasant environment?

a. taking care b making it dirty c. throwing dirt d. doing nothing

3. How does the mind feel when the habitat is beautiful?

a. cheerful b. serious c. irritated d. calm down

B. Match the right column with the left.

Left column	Right column
1. A clean and tidy environment is necessary for	1. the students become attentive.
2. If the classroom and school premises are clean and pleasant,	2. will throw outside.
3. if there is a balance between the living beings and the plants,	3. got unwell.
4. It is better to bury waste and feces	4. in the ground.
	5. we can live in safety.
	6. living happily and beautifully.

C. Fill in the blanks.

1. To keep our habitat beautiful, we all have to be ---------friendly.
2. The environment should never be ---------by us.
3. We should not destroy the animals just for the sake of---------.
4. To live a healthy and beautiful life, we need a ---------environment.

D. Answer the following questions in brief.

1. Why is it necessary to plant another tree after cutting down a tree?
2. What can we do to maintain a liveable environment?

E. Answer the following questions in detail.

1. How will you take care of your environment?
2. Mention what you can do to keep the school environment beautiful.

Lesson: 3

Causes of Habitat Destruction

(Luke 21:10-11, Deut:11:17, Numbers 16:30-34)

God has created nature and the environment beautifully. He has entrusted mankind with the responsibility to protect and care for the environment. In the Holy Bible, we see that when people forget God and go astray, He gets displeased, the sky darkens, it doesn't rain, and crops fail to grow in the land. God, as a punishment, split the earth open to destroy the wicked because of sin. In the last days, there will be nation against nation, kingdom against kingdom, wars and conflicts, earthquakes, famine, and plagues. In recent times, there are many types of plagues, environmental disasters, and climate changes for the of unrighteousness of human beings.



Smoke-filled environment at brick kiln

Human beings have gradually become self-centreed, selfish, greedy, and aggressive. Careless disposal of feces and urine, spitting and throwing peels of fruits, polythene bags, etc., everywhere is causing water logging. People are disposing animal waste, dead animals and birds, and kitchen leftovers in an unplanned manner. Listening to music at high volume through loudspeakers and

the excessive use of horns are causing noise pollution, which diminishes our hearing capacity. Noise pollution increases blood pressure, which can ultimately disrupt cardiac function and lead to death. Smoke from brick kilns causes air pollution and damages the surrounding trees and crops. Forests are being cleared to produce furniture, construct residential housing, and create agricultural land. As a result, the oxygen level in the air is significantly reduced, and therefore, both human beings and animals are at risk. Since the environment is losing its balance, we are also facing disasters.

A. Write in the table below the reasons why the habitat created by God is being destroyed.

1. By cutting down trees unnecessarily
2.
3.
4.

B. Write in your notebook the punishments that God will give if you destroy the environment around you.

What we have learnt in this lesson-

- Keeping habitats liveable and protected
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. When does God get displeased with human beings?

a. when they forget God
b. when they do not worship God
c. when they become arrogant
d. when they do not remain clean

2.What is the reason for God's destruction of the wicked by spliting the earth open?

a. divine justice b. human sin c. God's omnipresence d. human Apathy

3. The main cause of recent pandemics, natural disasters, and climate change is-

a. unrighteousness
b. the rise of science
c. human self- love
d. human indifference

B. Match the right column with the left.

Left column	Right column
1. Due to the reduction of oxygen in the air,	1. hearing ability.
2. Due to noise pollution,	2. mental illness occurs.
3. Throwing plastic bags carelessly	3. causes water logging.
4. Playing microphones and horns loudly reduces	4. an environmental disaster occurs.
	5. blood pressure increases.
	6. animals are under threat.

C. Write 'T' for true and 'F' for False for the following statements.

1. There is no need to fear environmental disasters because God exists.
2. Humans are destroying the balance of nature by cutting down trees.
3. Nowadays, human beings are becoming benevolent, selfless and humane.
4. According to the Bible, God has no role in rain or drought.

D. Answer the following questions in brief.

1. Why did God give human beings the responsibility to care for and protect the environment?
2. Write two ways you can help prevent habitat destruction.
3. How does the smoke from brick kilns damage crops?

E. Answer the following questions in detail.

1. Explain how human beings are responsible for environmental pollution according to the Bible.
2. How does God punish those who neglect the duty and care to protect the environment?

Lesson: 4

Strategies for Habitat Conservation

(Genesis 1:28-30, 2 Chronicles 7:13-14)

God had given us the responsibility to take care of and protect the environment. But it is a matter of regret that even after such clear instructions from God, the environment is advancing towards disaster day by day. However, there is a way to turn back to God. God says, 'When I shut up the heavens so that there is no rain, or command the locust to devour the land, or send pestilence among my people, if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.' This is the promise of God. That is why, we must repent from the path of sin and turn towards God. We must be environment-friendly and nature-loving. If we take care of nurture, and protect God's creation, we will be saved from the disaster and be able to ensure a beautiful habitat for the next generation.

Let us read a story

Patrick got admitted to class five at a missionary educational institution. From his very first day, he liked the school environment very much. One day Patrick threw a banana peel in the school field. One of his classmates saw that and, without saying anything to anyone, picked up the banana peel and threw it into the dustbin. Seeing that, Patrick became very ashamed. After that he never again did such an act. Being inspired, he also became active in keeping his own house clean and tidy. Within a few days Patrick's house turned into an organised, tidy, and clean house. Every member of the family became very happy. The neighbour also came to know about it and followed Patrick. Within a few days Patrick's village became known as a model village for cleanliness.

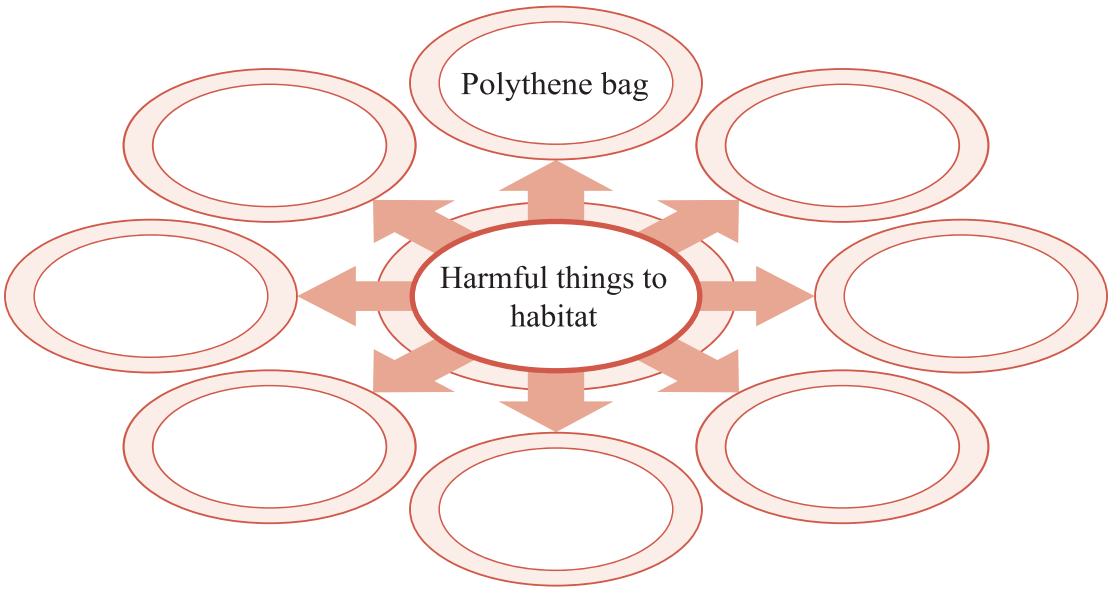


Clean and hygienic environment

A. Make a list of what you can do to protect the environment, inspired by Patrick's story.

1. Keeping the house clean
2.
3.
4.

B. Write in the blank boxes below the things you will avoid that harm the habitat.



What we have learnt in this lesson-

- Keeping the environment clean to protect habitat
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1.What kind of prayer does God listen to?

a. humble prayer b. loud prayer c. silent prayer d. repentent prayer

2. Which school did Patrick study at?

a. government school b. missionary school

c. village school d. city school

3. What should we do to protect the environment?

a. be eco friendly b. be humane c. be scientist d. be politician

B. Fill in the blanks.

1. We must repent from the path of sin and --------- towards God.
2. People who are ------ by my name.
3. It is our duty to---------- of God's creation.

C. Write 'T' for true and 'F' for False for the following statements.

1. If God closes the sky, there will be no rain.
2. If we care for and preserve God's creation, we will not be saved from disasters.
3. Being so embarrassed, Patrick never threw a banana peel in the school.

D. Answer the following questions in brief.

1. Mention 3/4 ways to protect the environment according to the Bible.
2. If you see someone like Patrick throwing banana peels in front of you, what would you do?

E. Answer the following questions in detail.

1. What would you do to create a beautiful habitat for protecting the environment?
2. Why is Patrick's village considered an ideal one?
3. What should we do to save ourselves from God's punishment through nature?

Lesson: 5

Strategies for the Protection of Climate

Climate change is the most important topic of discussion for the world in recent times. In fact, this is the biggest challenge of the 21st century. The unusual climate change that is observed in Bangladesh and around the world is primarily man made.



Tree plantation in school

God has given human beings the responsibility to care for and maintain all creations. Therefore, we need to be aware of the following issues to protect the climate.

1. **Preventing deforestation and engaging in afforestation:** Oxygen, which we get from trees, is an essential component for maintaining environmental balance. To prevent trees from being cut down, it is necessary to plant trees around homes, on fallow land, along both sides of roads, and in educational institutions.

2. **Preventing the wastage of fossil fuels:** The wastage of coal, oil, and natural gas must be stopped since they emit greenhouse gases like carbon dioxide and methane which affect climate change.

3. **Limitations of engine-powered vehicles:** It is important to limit the use of the engine-powered vehicles. Since they releases carbon monoxide gas, which is harmful to the human body and the environment. Electric or battery powered vehicles or bicycles must be used as an alternative.

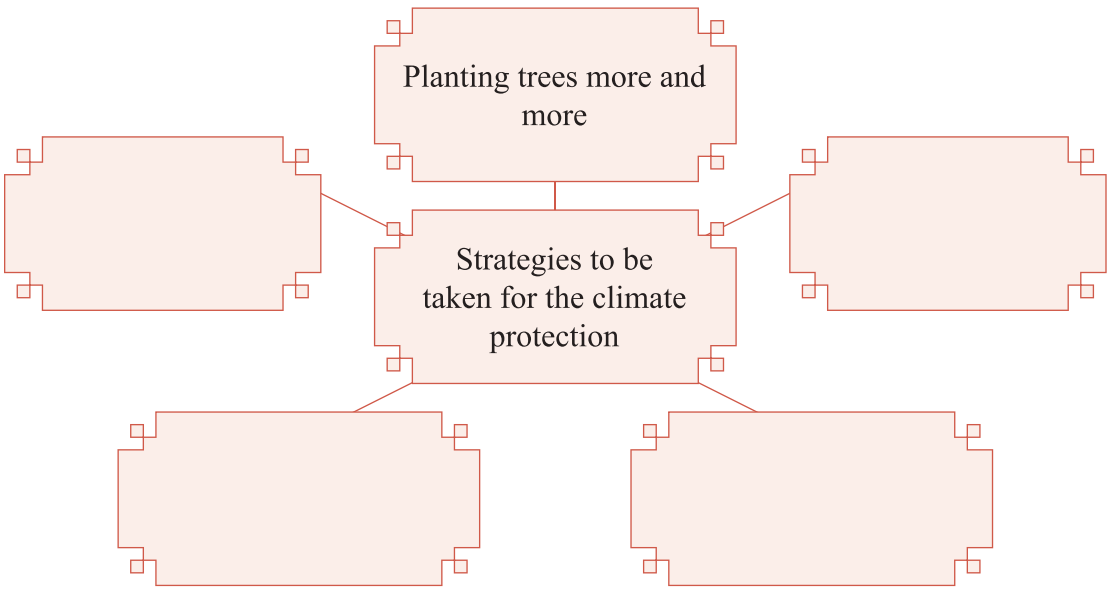
4. **To make old things useful again:** Natural resources that we use must be made reusable (recycling).

5. **Awareness Seminar:** To make the public aware about the causes of climate change and its harmful effects, various meetings and seminars must be organised.

6. **Arrangement of chemical substance purification:** The waste used by factories must not be directly thrown into water; it must be purified.

So, we will be conscious about the responsibility by living in the path shown by God. Then, we will be able to ensure a sustainable and healthy habitat for the future generation by protecting it from climate change and its effects.

A. Write in the blank boxes below what you need to do for the climate protection.



B. Design a poster with slogans to raise awareness of climate protection among the people near the school area.

What we have learnt in this lesson-

- Do not throw the waste here and there.
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. What is the most discussed and important matter about climate at present?

a. climate change b. war-conflict c. terrorism d. imperialism

2. Who is mainly responsible for unusual change of climate?

a. man b. nature c. God d. industrial revolution

3. To fulfill the shortage of oxygen in climate protection what is needed?

a. environment friendly b. awareness
c. afforestation d. meeting-seminar

B. Fill in the blanks.

1. We get oxygen from _____.
2. It is necessary to arrange seminar to make people aware of the _____ and harmful effects of climate change.
3. From engine-run vehicles _____ gas comes out.
4. The _____ of oil, coal and natural gas must be stopped.

C. Write 'T' for true and 'F' for False for the following statements.

1. Carbon dioxide affects climate change.
2. The natural resources we use cannot be made usable again.
3. We get oxygen from animals to maintain balance of the environment.
4. Factory waste must not be directly thrown into water; it should be purified.

D. Answer the following questions in brief.

1. Why are prevention of deforestation and engaging in afforestation needed?
2. How will you remove the waste produced from factories?

E. Answer the following questions in detail.

1. What will you do to save the environment from the effects of climate change?
2. Mention our duties to gift a good and beautiful habitat to the future generation.

Lesson: 6

Our Responsibility towards Animals

(Genesis 1: 24-25, 9: 9-10; Deuteronomy 25:4)



Children caring for animals

In the Bible, God has clearly spoken about the care of the animals. God has created us in His image. He has created us with moral and human qualities, that is, knowledge, conscience, reason and emotion. Just as human beings have duties and responsibilities toward one another, so do we have equal obligations towards the animals. This is because we are mostly dependent on these animals. We eat animals, such as, ducks, chickens, cows, goats, and various fishes as food. Even though many animals are not used as food, it is necessary for animals such as, vultures, tigers, bears, snakes, turtles, frogs, crocodiles, etc to live in order to maintain the balance of nature. Again, there are many animals and birds such as- parrots, mynas, cats, and dogs that we keep as pets and get pleasure. Therefore, not just for consumption and enjoyment, but with consideration and love, they should be nurtured and protected. It must be remembered that if, out of our greed, lust, and negligence, the animals are destroyed, we will also face dire consequences. Let us work for the welfare of the animals keeping this great slogan in mind: "He who loves the creatures, serves God."

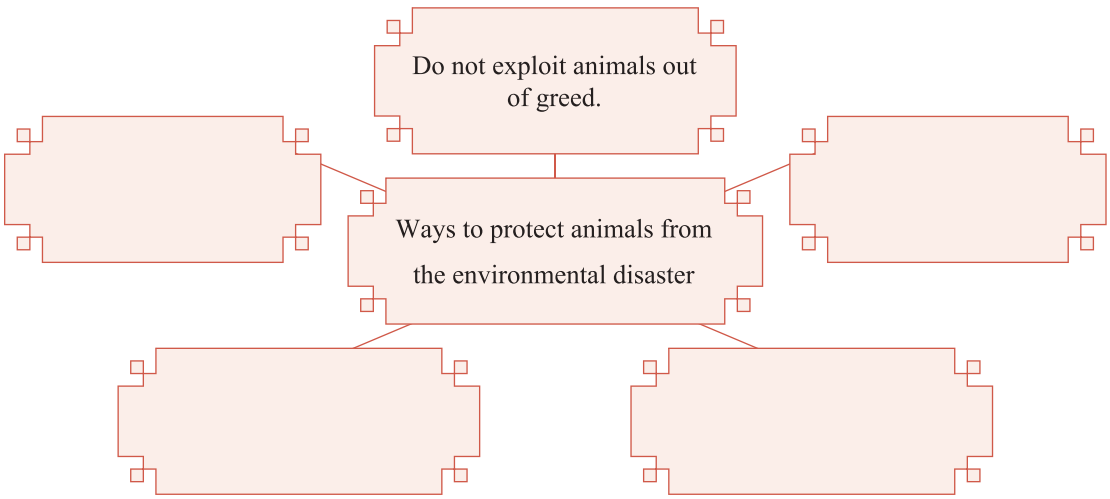
Let us read a story

One day Babul and Soikat were walking along the road beside the bamboo grove of the village. Suddenly Babul saw a dove lying injured beside the road. As soon as Babul went near it, the dove tried to flap and fly, but failed. The two friends together caught the bird. They looked carefully and understood that someone had hit the bird with a slingshot. Soikat said, "That is good, let us cook it and eat it." But Babul felt pity for the bird, so he did not want to eat it. He said, "Let us go to Doctor Francis and treat the dove." With a few days of effort from Babul and Dr. Francis, the dove got well. Babul released the dove and it flew away.

A. Make a list of how you take care of living beings.

1. Feed everyday.
2.
3.
4.

B .Write in the blank boxes below what you will do to save animals from the environmental disaster.



What we have learnt in this lesson-

- To be caring towards God's creation
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. Whom has God told us to take care of?

a. lifeless objects b. animals c. humans d. beasts

2. Which qualities has God endowed human with?

a. morality and humanity b. love-affection

c. hatred-pride d. jealousy-enmity

3. Why should animals be taken care of?

a. we are dependent on them b. animals will attack

c. animals will curse d. for our self-satisfaction

B. Match the right column with the left.

Left column	Right column
1. God clearly told	1. felt pity.
2. Toward the bird, Babul	2. about the care.
3. If animals become extinct, we	3. cook and eat.
	4. will also face disaster.

C. Write 'T' for true and 'F' for False for the following statements.

1. As human beings, we have responsibility and duty toward animals.
2. In creation, there is no difference between man and animal.
3. Babul and Soikat took the dove to the doctor.
4. God created man and animal in His own image.

D. Answer the following questions in brief.

1. With what qualities has God created human beings?
2. How does God take care of animals?

E. Answer the following questions in detail.

1. "He who loves the creatures, serves God." Explain.
2. Write down what you have realised from the story of Babul and the dove.

Lesson: 7

Making our Home Habitable

(Isaiah 32:18, Psalms 127:1, Proverbs 24:3-4)



A clean household

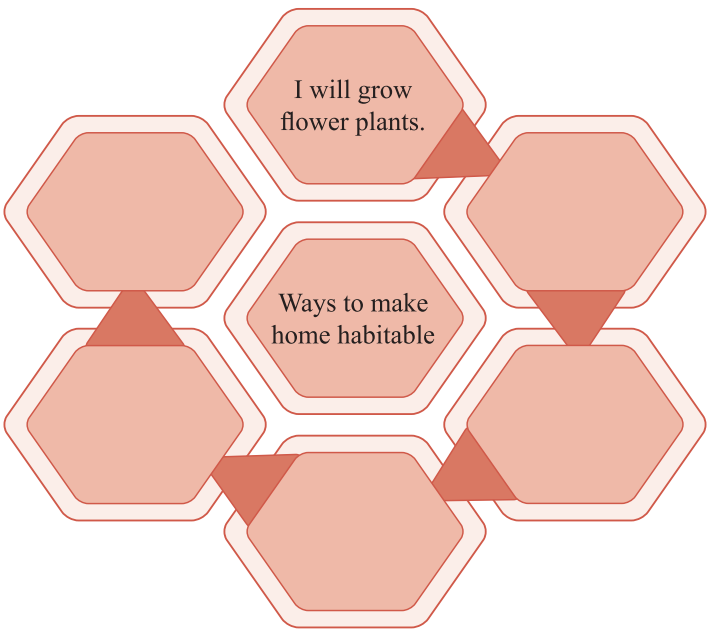
A home is a place where family members live together. It is a secure and peaceful shelter, like a child resting safely under the mother's care. A clean house always keeps the mind cheerful. Just as peace of mind cannot be attained without a pleasant environment, in the same way, a healthy environment cannot be ensured without cleanliness. Both mind and body fall at risk. Therefore, there is no other alternative to a liveable home. In the Bible, we clearly see that the next step after cleanliness is holiness. To keep God as the builder and Lord of our home, the household environment must be kept liveable. For this, business should not be used as an excuse. In order to let in enough light and fresh air, the doors and windows should be ensured so that there is a pleasant and healthy environment.

Above all, we will give God the first place in our lives, we will live depending on Him. Then, He will keep us healthy, strong and safe. Nothing can survive without His blessing. Therefore, within the family we will show friendly behaviour to one another, and we will pray together in the evening. Only then will we be able to build a liveable environment.

A. Make a list of what you can do to keep the church environment holy and clean.

1. Not throwing water bottles or polythene
2.
3.
4.
5.

B. Write down in the blank boxes what you will do to keep your home liveable.



What we have learnt in this lesson-

- Creating a pleasant environment for physical and mental well-being
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. With what has the house been compared?

a. mother's lap
b. mother's veil
c. mother's shelter
d. mother's love

2. What will you do to your home for keeping enviornment healthy?

a. repair and paint
b. keep clean and tidy
c. close the windows
d. use light and air

3. For making a safe habitat what advice will you give to others?

a. give God the first place
b. do good behaviour in the house
c. go as one's own wish
d. light electric lamp

B. Fill in the blanks.

1. The next step of cleanliness is _____.
2. A clean house always keeps the mind _____.
3. To let sufficient light and air enter the house doors and _____ must be kept.

C. Match the right column with the left.

Left column	Right column
1. Home is a safe and	1. wihout a pleasant environment.
2. Peace of mind does not come	2. peaceful place.
3. To make a house liveable	3. show behaviour.
	4. excuses cannot be shown.

D. Answer the following questions in brief.

1. How should you live for God to keep us healthy and secured?
2. What effects will fall on the body and mind if there is no healthy environment?

E. Answer the following questions in detail.

1. How will you make the environment of your house to have God as its builder and Lord?
2. What religious advice will you give to others to create a habitable environment?

Lesson: 8

Our Responsibility to Keep the School Clean

(Ezekie 44:23, Deuteronomy 6:7-9)

School is a place of joy for children at the primary level. Here they study, make noise, play games, and share their thoughts with classmates. For the children at the primary level, not only should the quality of education be good in school, but also its environment should be pleasant. Alongside knowledge, physical and mental growth are equally important. It is written in the Bible that each of you shall carefully teach these things to your children, speaking of God's presence while sitting at home, walking on the way, lying down, or rising from sleep.



Gardening at school

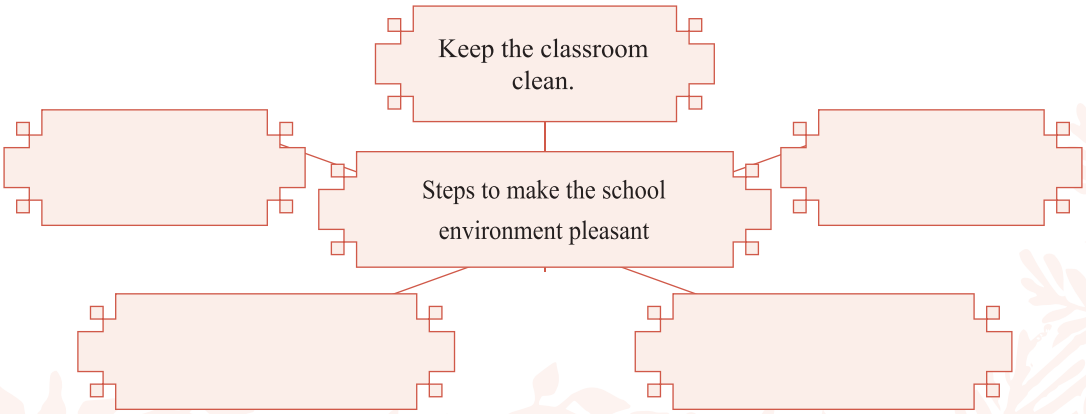
Students should be given opportunities to practise moral, spiritual, and external cleanliness not only at school but also at home and in society. Children will maintain study-friendly and pleasant environment in their school. Starting from each classroom to overall cleanliness, with the help of teachers, students will become conscious and pay attention to the followings: protecting a pollution-free environment, proper use of dustbins, proper use of toilets, drinking clean water, caring for trees, and keeping the classroom clean, etc.

Let us read a story

David studies in class five. He is a boy from a poor family in the village. Alongside studying in the school, he often helps his father, a farmer, grow vegetables in the field next to their house. One day at tiffin, he talks to his classmates about his vegetable garden. Hearing this, everyone becomes happy and shared it with their class teacher. The teacher happily asked, "How many of you would like to make a flower garden in the school like David?" Everyone raises their hands and louldy replied their eagerness for doing it. Thus the for class five flower garden project begins in the school compound. With the help of the teacher, they start growing different kinds of flowers. Seeing this, students from other classes are also inspired. Alongside their studies, they also engage in planting flowers, vegetables, and other garden work at school and home with the help of teachers and parents.

They gain wonderful experiences, and at the same time, the school compound becomes beautiful and pleasant. Alongside, with the help of parents, they become financially self-reliant through growing vegetables and flowers.

A. Write in the blank boxes what you will do to make the school environment pleasant.



B. Prepare an action plan list for students of different classes to keep the school premises beautiful.

1.
2.
3.
4.
5.
6.

What we have learnt in this lesson-

- Keeping the classroom and school campus neat and clean
-
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. What kind of environment should the school have for children?

a. serious b. pleasant c. frightening d. joyful

2. Besides knowledge, what other aspects should be given importantce in your school?

a. mental growth b. construcing a new building

c. giving hygiene training d. making children book-oriented

3. To keep the learning environment healthy, what advice will you give to students?

a. keep the classroom pleasant b. keep the house clean

c. keep the home tidy d. keep the library clean

B. Fill in the blanks.

1. Along with studying, David helps his father --------- vegetables in the field.
2. In the Bible teaching, everyone will ---------teach these things to their own children.
3. Students will practise--------- and spiritual matters from family and society.

C. Write 'T' for true and 'F' for False for the following statements.

1. Children study and play at school.
2. Children should keep the school study-friendly and pleasant.
3. It is not the duty of teachers to teach the use of toilets.
4. Even if children get inspiration, they do not want to help in any work.

D. Answer the following questions in brief.

1. Besides studying, what lessons can you take from family and society?
2. Which work will you give emphasis on to keep the school environment beautiful?

E. Answer the following questions in detail.

1. According to the Bible, in what ways will parents teach their children?
2. How will you encourage your classmates to keep the school environment beautiful?

Lesson: 9

Our Responsibility in Preserving the Beautiful Environment

(Genesis 1:1-31, 2:5-9,15, 19-20)



Cleanliness campaign

After God created the sky and the earth, He created man and gave him the responsibility to look after everything. All His diverse creations have been made for the spiritual, physical, and mental development of human beings. Everything that surrounds us is called environment. "Nearby environment" means the surrounding nature around us. All the elements of the environment

help the growth and development of plants and animals. That is why it is our duty to take care of the environment and protect it from disaster. We can keep the environment beautiful in many ways. For example:

1. Planting plenty of fruit and forest trees
2. Cleaning the nearby ponds and drains together with the local people
3. Ensuring proper drainage of household waste-water
4. Digging garbage in the designated place
5. Stopping the use of polythene-type things
6. Not burning plastic things but reusing them
7. Avoiding cutting trees unnecessarily and if cut, planting new trees
8. Preventing the misuse of technology
9. Keeping our house and surroundings clean and encouraging others
10. Organising awareness programs in the area to protect the environment.

A. Draw a picture of a clean and tidy school.

B. Arrange a debate competition on the topic: Only human awareness can save the environment from disaster.

What we have learnt in this lesson-

- Avoid using polythene bags
-
-

Exercise

A. Put a tick mark (✓) on the correct answer.

1. God gives the responsibility to take care of all creation to –

a. Jesus b. Priest c. Believers d. Man

2. If it is necessary to cut a tree –

a. take care of the tree b. ask forgiveness from God

c. plant a new tree d. do nothing

3. Everyone together will – the pond and drain

a. fill b. dig c. clean d. repair

C. Write 'T' for true and 'F' for False for the following statements.

1. Plastic items must be burned.
2. Garbage must be kept in designated places.
3. After creating man, God created everything on Earth.
4. God's diverse creations are necessary for human development.

D. Answer the following questions in brief.

1. Why should we stop using polythene?
2. How will you encourage your friend to keep the surroundings of the house clean?

E. Answer the following questions in detail.

1. Why is human awareness important to prevent environmental disaster?
2. Describe your duties to keep the enviornment. of God's earth.

Christian Religion Studies

Class 5

Appendix

Names used in the Bible	
Roman Catholic	**Protestant**
Bible	Bible
The Creed	The Creed
Jerusalem	Jerusalem
Nazareth	Nazareth
Samaria	Samaria
Pharisee	Pharisee
Lazarus	Lazarus
Capernaum	Capernaum
Ananias	Ananias
Damascus	Damascus
Sinai	Sinai
Zachariah	Zachariah
Elizabeth	Elizabeth
Maria/Mary	Mary
Judea	Judea
Bethlehem	Bethlehem

Names used in the Bible	
Roman Catholic	**Protestant**
Hebrew	Hebrew
Isaiah	Isaiah
Gethsemane	Gethsemane
Acts of the Apostles	Acts of the Apostles
Mary Magdalene	Mary Magdalene
Emmaus	Emmaus
Samuel	Samuel
Sacrament	Sacrament
Baptism	Baptism
Eucharist/Communion	Lord's supper
Solomon	Solomon
Jericho	Jericho
Paul	Paul
Eli/Elijah	Elijah

The End

Academic Year 2026, Class Five–Christian Religion Studies

‘You are God's chosen people, His holy and beloved. So, clothe yourselves with compassion, kindness, humility, gentleness, and patience.’

(Colossians 3:12)



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